

# Basic Glossary of Terms

EMF – Electro Magnetic Field

EMR – Electro Magnetic Radiation

EMP - Electro Magnetic Pulsing

ELF - Extremely Low Frequency

RF - Radio Frequency

## **Sources of Radiation:**

Electromagnetic radiation comes from 2 types:

*Low Frequency* – power lines and power transformers

*High Frequency* – RF, DECT, mobile phone, microwave

## **Digital Radiation Sources:**

3G and 2G, Mobile phones, WiFi routers

- **Further info:** [www.StopSmartMeters.org.uk](http://www.StopSmartMeters.org.uk)
- <http://www.ThePowerFilm.org>
- [www.StopSmartMeters.com.au](http://www.StopSmartMeters.com.au)
- [www.ES-UK.info](http://www.ES-UK.info)
- [www.WiredChild.org](http://www.WiredChild.org)
- [www.PowerWatch.org.uk](http://www.PowerWatch.org.uk)
- [www.RadiationResearch.org](http://www.RadiationResearch.org)
- [www.takebackyourpower.net](http://www.takebackyourpower.net)

Films, documentaries to watch ( go to [www.topdocumentaryfilms.com](http://www.topdocumentaryfilms.com) or [www.googlevideos.com](http://www.googlevideos.com) )

“Enemy of the state” “Control Factor” “Take Back Your Power”

Silent Wars Against Humanity (downloadable pdf) “The Human Project” [www.bevolution.org](http://www.bevolution.org)  
[www.deswitch.com](http://www.deswitch.com)

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## **Addendum – Recent Publications**

Professors' / Doctors' Panagopoulos, Johnasson and Carlo describe in their (June 2013 Published) Paper – how man-made electromagnetic waves (as used in the communications industry) can cause interference, hence induced oscillations, from these polarized waves. This in turn, can induce biological alterations and render the SAR (Specific Absorption Rate) obsolete.

They write:

- *Man-made electromagnetic waves...they are polarized...*
- *...can produce interference effect...This induced oscillation will be most intense on the free particles which carry a net electric charge...a part of its energy...is transferred to the charged / polar molecules of the medium...within biological tissue there will be additional energy absorption by the water dipoles...proteins, lipids or nucleic acids, which will also be forced to oscillate by the applied field.*
- *...man-made EMF's can produce severe biological alterations such as DNA damage without heating the biological tissue...may lead to cancer, neurodegenerative diseases, reproductive declines or even heritable mutations...conductivity varies for different tissues and different field frequencies.. The relative permittivity of an adult brain is calculated to be around 40 while the corresponding value for a young child's brain is between 60 and 80 resulting in almost double the radiation absorption and SAR...*
- *...SAR offers no information at all with respect to frequency, waveform or modulation... (Ref (22))*

Dr Dimitris Panagopoulos, Dep. of Biology, University of Athens also writes in his 2013 paper: Electromagnetic Interaction Between Environmental Fields and Living Systems Determines Health and Well Being:

- *Disturbances in the communication between individual body clocks can desynchronize the circadian system, which in turn may lead to unwellness, chronic fatigue, decreased performance, obesity, neuropsychiatric disorders, and the development of different diseases...*
- *...endogenous electrical balance in living organisms cannot occur in the presence of unnatural – man-made – electromagnetic pollution..... GSM mobile phone radiation is found to cause DNA damage on insect reproductive cells (gametes) and adversely affect reproduction for intensities down to 1 microwatt per centimetre squared after only a few minutes exposure..... (Ref (23))*



- ii) If every Reader sends just two copies of this Paper to people who may be able make a decision (preferably influential women); with mathematical progression – the original 100 advanced requests will soon land on a desk of somebody who can make a difference.

## **International Challenge**

When I am invited to speak in countries, I invariably end up on the radio / TV news / documentary channels. Thence, I issue a challenge:

I ask for any scientist(s) from industry / government to 'humiliate' me live 'on-air' with their expert knowledge by answering one question:

*"What is the safe level of microwave irradiation for the ovarian follicles during the first 100 days development of the embryo?"*

To date, not a single scientist will appear and face me.

I mention this because it is a question the Reader can ask any decision maker, school Principal / Governor etc.

Should any person provide the answer, the next statement is:

*"Fine – we will send it to a Leading Scientific Journal for independent Peer Review."* (With your research).  
(21)

## **The Solution**

Education need not suffer if Wi-fi is withdrawn world-wide. We have telephone lines – fibre-optic cable.

The argument against these options is the cost. Compared to the future medical costs (forgetting the human cost), phone / fibre-cable shows to be a very cheap option.

Thank you.

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## **Epilogue**

Please note – I have always worked free of charge and will represent any person in the world without cost.

**PLEASE SEE ADDENDUM**

It will come as no surprise to the Reader to learn that I have been refused permission to have a face-to-face meeting with my MP, Mr Mel Stride. Hence my Member of Parliament has successfully brought the 'shutters down' on any access I may have had to Government. This act by Mr Stride became a 'feature' in our West Country newspaper by leading Journalist Paul James. (19)

During my last attempt to contact my MP, his Secretary, Dominic just hung-up the telephone on me.

Years ago, when I started to 'advise caution' re microwaving children / pregnant women; the Academic Registrar of my own University (Exeter) forbade me from ever communicating with it, ever again. A similar message came from Dr. Jamie Harle of the Open University (Medical Physics), who said: "*Your work is too political.*"

Clearly in England, some universities and some parliamentary persons are more afraid of governmental 'reprisals' than telling the truth. Regardless of the consequences.

## **Two Womens' Stories**

### **The Real Price of Intentional Ignorance and Greed. Those Consequences.**

Ten telephone calls a day would not be unusual for me. I even receive calls Christmas Day / Easter Sunday. Two calls which summarize those from women are illustrated below. Both are actual conversations.

- i) ".....my daughter had just died. I am holding her hand. She has just had her 11<sup>th</sup> birthday and she was number 11 to die since the transmitter for Wi-fi was put near her and others' desk....."
- ii) "*.....my child is one of several with cancer / birth genetic problems. These only started after the transmitter was turned on. My worries are two-fold and take every second of my life. Will my child ever marry or find a partner and be happy? What will happen when I die? I know I will die worrying. Regardless of who is to blame, it is me, the Mother who carries guilt and responsibility.....*" (20)

## **I Ask for Readers' Help, Please.**

Imagine 57.7% of all of the schoolgirls with Wi-fi in their classrooms: all day – all year – all through their school career, in every country using it, in the World!

In just two generations we could have more dead / sick infants than resulted from both World Wars. And, these are not my figures, they come from Government advisors / research.

Advanced requests for this 'Paper' have been received from Royalty, Governmental Officers (outside of the UK) and people I will describe as 'interesting'.

As shutters fall blocking every direction I try to turn, I ask: "*Can the Reader succeed in preventing this 'Pandemic' where I will fail?*"

I have two requests:

- i) Would a Royal or Leading Governmental Official please ask the British Prime Minister, face to face, why he told my MP, Mr Stride, that he is 'too busy' to see me for just one hour to discuss this issue.

body) generated by electrically induced phase transition; it came to my attention that a list needed to be published for all microwave communication systems. (16)

In this Open Letter, I list 1 to 40 Hz (pulses / modulations per second) and their corresponding neurological / physiological response.

In his most explanatorily descriptive paper, Dr. Andrew Goldsworthy writes.....

*'.....For example, Grigoriev et. Al. (2010) showed that 30 days exposure to unmodulated 2450 MHz microwave radiation triggered a small but significant increase in anti-brain antibodies in the blood of rats.....which could then result in an auto immune attack on the brain and / or nervous system. An example of an auto immune disease of the brain is Graves disease in which the pituitary gland (at the base of the brain) is affected.'* (17)

NB. 2450 M Hz is the wi-fi frequency.

If you add the pulse / modulation frequency to the above; fatigue, depression, psychiatric problems (such as anger), loss of appetite and problems with movement can also be induced.

## **The Bad Guys**

With gargantuan profits to be made, it is of no surprise that the English Parliamentary system choose to follow ICNIRP and their well established 'Active Denial' policy.

I became familiar with our 'corruption' when during the late 60's – 70's, I was commissioned to investigate (under a programme initiated by Sir William Melvin (1911)) corruption within the hierarchy of the London Metropolitan Police and the non-elected Members of the English Parliament. Should the Reader be dismissive of such actions, I suggest looking at any of our Sunday newspapers over the past 45 years, including now.

When a Reverend lady wrote to a Minister, Nick Gibb MP, concerning Wi-fi in schools, his standard reply (which I have seen many times) stated:

*".....advice given.....by UK Health Protection Agency..... 'There is no consistent evidence of health effects from RF exposures below guideline levels and no reason why schools and others should not use Wi-fi equipment.'" (18)*

This letter is designed to deceive (and it is very successful). Look to the words 'no consistent evidence'. Let me explain please.

If I were to carry out an experiment on every single person who went through the doors of your main airport on any busy day and told them that they must drink one pint of beer and smoke ten cigarettes a day forever; some would react immediately, especially children. Others would react over days, weeks, months and years (many years in some cases). Then there would be those who would thoroughly enjoy the experiment and probably never be ill. That does not mean that alcohol and cigarettes are safe. It shows that people are not homogenous (all alike / identical). In other words, the conclusion of my experiment would be that there is: 'no consistent evidence'.

Other Ministerial letters usually say: *"most of our research"* or *"most of our scientists"* – both of which are equally meaningless.

What they never say is: Wi-fi is safe.

slowly and is undetectable like a cancer. Think of sunbathing on a cloudy day, you can still burn your skin.

## **The Good Guys**

I have a list of nine countries (some of whom I am working with) who are actively, either taking wi-fi out of schools or in the legal argument-stage of this process. I decline to publically name these countries as my actions may interfere with their legal negotiations.

The Parliamentary Assembly (Assemblée Parlimentaire) Council of Europe Document 12608, published on 6.5.2011 in section 8.3.2. states:

*‘.....ban all mobile phones, DECT phones or Wi-Fi or WLAN systems from classrooms and schools.....’*

For legal reasons this had to be changed to a ‘wired system is preferred’. However, the meaning is clear.

In a translated document, Professor Yuri Grigoriev of the Russian Committee for Non Ionizing Radiation Protection wrote on 19.6.2012

*‘.....recommend the use of wired networks and not networks using the wireless broadband access systems, including wi-fi, in schools and educational establishments.’*

A document dated 25.3.2013 (updated from 19.3.2013) by the Executive Committee of the American Academy of Environmental Medicine wrote a letter to the Los Angeles Unified School District with the following recommendation:

*‘.....do not add to the burden of public health by installing blanket wireless internet connections in Los Angeles Schools.’*

Just prior to this in December 2012 the American Academy of Pediatrics (representing 60,000 Paediatricians) wrote to Congress requesting more protection from low-level microwave irradiation for children and pregnant women: with regard to wi-fi in schools, they write:

*‘.....this is an unprecedented exposure with unknown outcome on the health and reproductive potential of a generation.’ (14)*

In 2002, 36,000 Physicians and Scientists etc. signed the ‘Freiburg Appeal’. Ten years hence, it has been re-launched. It specifically warns against the use of Wi-fi and the irradiation of children, adolescents and pregnant women. ‘Freiburg’ is an International Doctors’ Appeal.

The Reader will appreciate that collectively there are approximately 100,000 of the World’s most knowledgeable professionals expostulating this same warning.

As an aside, should the Reader be wondering why I have not mentioned school-boys and whether they can be affected in a similar way to girls: the answer is ‘yes’.

DNA sperm fragmentation from wi-fi levels of irradiation, have been published. (15) It would require many more pages to comment upon this phenomenon and there is already a plethora of data both available and published.

## **Pulsing / Modulations**

During the ‘Cold War’ conflict, whilst I was collating effects from microwave pulses / modulations caused by brain entrainment, resonance (both cyclotronic<sup>21</sup> and circadian), rectification (at boundaries within the

A brilliant paper published by Dundee University confirms that low-level microwave irradiation, unable to cause any heating (thermal) effect, can affect cellular signalling processes. (11)

## **The Main Risks to Children**

These biological processes described as being 'influenced' by low-level microwave irradiation may not just damage foetal growth; relying on the same biological processes are:

Blood Brain Barrier – requires 18 months to form and protects the brain from toxins. It is known to be effected.

Myelin Sheath – requires 22 years to build its 122 layers. It is responsible for all thinking, organ and muscle processes.

Brain – requires 20 years to develop (I can assure you, cell phones do not help in its development).

Immune System – requires 18 years to develop. Bone marrow and Bone Density are known to be affected by low-level microwaves as are the immune systems' white blood cells.

Bones – requires 28 years to develop – as mentioned the moisture content of children makes both the 'soft bones' and marrow particularly attractive to microwave irradiation. Bone marrow produces blood cells.

Clearly, our decision makers are overlooking a child illness pandemic hitherto unknown in our 40,000 generations of civilization; which can involve over a half of the World's exposed mothers / children.

## **The Very Sad Truth**

I have been very honoured to address approximately 40 Royals, Governments, Leaders of Governments, Leaders of Peoples and Government Officials over the years.

My address (text) to one King concerning the numbers of ill children was placed on the internet. (12)

I referenced over 200 cancer / leukaemia clusters in schools (up to the time of data collection) from low level microwave transmitters in schools. There were many different types of cancers, leukaemias, miscarriages and breast cancers of staff. These continue, mostly only recorded locally, to this day.

When this was discussed in the English Parliament (as one of the EU Countries involved), a Minister dismissed it and lied to the House of Commons. My request to prove this lie was denied.

Possibly, the most respected children's charity in the World: UNICEF, joined forces with the World's leading authority on the effects of harm from low-level microwave irradiation:

The Russian National Committee on Non-Ionizing Radiation Protection: in their research document 'Health Effect on Children and Teenagers' found;

85% increase in Central Nervous System Disorders

36% increase in epilepsy

11% increase in mental retardation

82% increase in blood immune disorders and Risk to Foetus. (13)

NB. The Reader may think that the cell phone irradiation is different from wi-fi as it has more power. In fact wi-fi can be more harmful because of its lower power! Low power can enter the body and cause harm. All electromagnetic waves are accumulative.<sup>29</sup> If they are below the body's threshold to cause activation of the necessary proteins required to defend and repair tissues, the damage accumulates very

\*Wi-fi is of course, below thermal low-level microwave irradiation.\*

In order to appease the US Government, some Governments adopted the ICNIRP guideline, whereby, the only safety limit is just six-minutes of warming. Which means: if you do not feel too warm in six minutes, wi-fi is deemed to be safe.

No consideration at all has been given to the published 'below thermal' cellular interaction as listed by several countries including the United States; which were (and are) known to cause: cancer, severe neuropathological symptoms, foetal defects and literally hundreds of illnesses related to cellular disorders.

Countries following ICNIRP continue to argue that their six minute warming effect is all that is required regarding microwave irradiation.

Should the Reader be wondering whether I am 'as mad as a box of frogs' and thinking 'no government would ever harm its citizens for money, especially pregnant women'; I invite the Reader to investigate Government decisions behind: smoking, asbestos, BSE (mad-cow disease), lead in petrol, experiments on 20,000 UK serving military personnel serving in the 1960's, thalidomide and of course Agent Orange sprayed over the food crops in Vietnam. To this day, many global birth defects stem from these Government / Government Scientific / Military decisions: with industrial advisors.

If further evidence is required, I invite the Reader to read documents released under the Freedom of Information Act; namely, Operations: Pandora, MK Ultra, MK Chaos, Cointelpro, MK Delta, MK Naomi, MK Search, Bluebird, Artichoke, Chatter, Sleeping Beauty and Grill Flame.

Here, secret experiments carried out by the Military / Government scientists upon unsuspecting civilians, namely: students, servicemen, psychiatric patients, poor, children over the age of 4 years, pregnant women, Muslims, Catholics, prisoners, handicapped, deaf, blind, homosexuals, single women, elderly, school children, 'marginal groups' and dissidents; served to increase their knowledge and understanding of; what is commonly known as...Stealth Warfare.

Progress on the study of illnesses caused by low-level microwave irradiation continues to this day. One current study on cancer and neurological harm continues until 2018 and involves women who could be pregnant. (9)

Progress Reports are also fed back to Governmental Scientists:

*".....students will understand the nature of RF...bioeffects research, including human / animal studies.....students will become familiar with current state of knowledge on potential health effects RF, such as cancer, memory loss, and birth defects." (10)*

NB: RF has become a generic term (Radio Frequency) to avoid using the term 'microwave'. It poses less 'safety queries' as the word 'radio' itself, which used to refer to 'long wave radio' was domestically non threatening.

## **Intentional Ignorance**

Governmental Intransigence forces a moratorium upon the risks of exposure to future generations. Both the Communications Industry and Governmental studies have proved that protein synthesis (the using of chemical structures to 'build' the roughly 4050 foetal and 4500 adults designated biological / neurological structures) can be influenced by low-level microwave irradiation. This moratorium seems to spread to organizations either relying on Governmental funding, or for whatever reason; acquiescence. However, not all research departments suppress the truth.

## **Beyond Belief**

The shocking truth is, not only was all of this known and documented long before wi-fi was ever put in front of children, but the dangerous biological effects were concealed (as they are to this day) from the general public, in order to protect the industries profit.

Professor Goldsmith writes:

*“.....effects from exposure to RF radiation in certain populations: reproductive effects.....increased spontaneous abortion.....increased incidence of childhood and other cancers.....”* (1)

Confirming this with more than 2000 references is the Naval Medical Research Institute in their document: ‘Bibliography of Reported Biological Phenomena (Effects) and Clinical Manifestations Attributed to Microwave and Radio-Frequency Radiation’ highlight ‘.....Altered Menstrual Activity / Altered Foetal Development.....’ (4)

The World Health Organization’s ‘International Symposium’ Research Agreement No. 05-609-04 ‘Biological Effects and Health Hazards of Microwave Radiation’ emphasizes in its 350 pages: Biological effects, health and excess mortality from artificial irradiation of Radio Frequency Microwaves. Section 28 deals with problems concerning Reproductive Function.

This document was classed as ‘Top Secret’ and its contents withheld by WHO and ICNIRP (International Commission on Non-Ionizing Radiation Protection). (5)

Eldon Byrd, a scientist for the Naval Surface Weapon Centre of the US Navy, in one of his 1986 lectures on the effects of low-level microwaves, is referenced as stating:

*‘.....we can alter the behaviour of cells, tissue.....cause up to six times higher foetus mortality and birth defects.....’* (6)

Finally, the Mobile Telecommunications Industry carried out a very thorough and exhaustive scientific study on its own product. This industries conclusion was:

Sec. 7 *“.....it can be concluded that electro-magnetic fields with frequencies in the mobile telecommunications range do play a role in the development of cancer.”*

*“.....Direct damage on the DNA as well as influences on the DNA synthesis and DNA repair mechanisms.....”* (7)

(Note I have underscored the relevant words here.)

Note: DNA synthesis is essential for healthy embryonic / foetal / child’s growth.

With these few of the roughly 8000 research articles showing this phenomena; in order to protect this industries’ profit, the United States Defence Intelligence Agency sent a ‘document’ to ‘advanced nations’ describing the problem and suggesting ‘how to deceive the public’.

It read:

*“.....if the more advanced nations of the West are strict in the enforcement of stringent exposure standards, there could be unfavourable effects on industrial output.....exposed to microwave radiation below thermal levels experience more.....”* (8)

NB: Industrial output is of course...profit. A very relaxed exposure standard also makes it very difficult to take the industry to court.

This (and two other documents with ref. 8) then continues to list many physiological and neurological dangers from low-level: below thermal, microwave<sup>18</sup> irradiation inc: blood disorders, heart problems, psychiatric symptoms and ‘menstrual disorders’.

## **Wifi – a Thalidomide in the Making – Who Cares?**

Professor John R Goldsmith, International / Advisor Consultant for R.F. Communication, Epidemiology and Communications Sciences Advisor to the World Health Organisation, Military and University Advisor, Researcher; wrote concerning the low level exposure of microwave irradiation (below thermal level) incident upon women:

*“Of the microwave-exposed women, 47.7% had miscarriages prior to the 7<sup>th</sup> week of pregnancy....”*(1)

The level of irradiation incident upon the women was stated, as from, five microwatts per centimetre squared. This level of irradiation may seem meaningless to a non-scientist; however, when I say that it is below what most schoolgirls will receive in a classroom of wi-fi transmitters, from the age of approximately five years upwards, this level becomes more meaningful.

A distinction here must be made and a very important one: schoolgirls are not women. Schoolgirls are children and children are both neurologically and physiologically different from adults. A child's brain tissue / bone marrow has different electrical conductivity properties than adults due to the higher water content (2) (this renders the Specific Absorption Rate obsolete). Children's absorption of microwave radiation can be ten times higher than adults. Permanent low-level microwave exposure can induce chronic nitrosative and oxidative 'stress' thence, damage the cellular mitochondria (mitochondropathy). This 'stress' can cause irreversible mitochondrial DNA damage (mitochondrial DNA is ten times more susceptible to oxidative and nitrosative 'stress' than the DNA in the cell nucleus). Mitochondrial DNA is irreparable due to its low histone protein content, therefore any damage (genetic or otherwise) can be transmitted to all successive generations through the maternal line. (3)

Hence, we are subjecting each successive female generation to harm. Whether these two ten-fold increases 'merge' to become 57.7% or are additional, thence equal 67.7% of those to suffer, is a moot point. Either way we are facing the equivalent of a pandemic. I was invited to present a lecture at Brighton University recently and one Doctor commented on a +60% foetal birth rate damage from exposed farm animals. All mammalian species will of course suffer the same consequence resulting from low-level microwave irradiation. There is very little difference 'biologically' between our embryonic cells.

I invite the Reader to peruse my diagram and / or read my simple explanation concerning the microwaving of the ovarian follicles in schoolgirls.

### **Simple Explanation**

Imagine you are five years old, in school and sitting with a wi-fi laptop near your abdomen. Theoretically, your ovaries can become irradiated until you leave school at aged 16-18 years old. When you become pregnant, every one of your follicles (to become eggs) will have been microwaved. Hence, you may or may not deliver a healthy child.

Should you become a pregnant as a student, your embryo (for its first 100 days – if it is female) is producing approximately 400,000 follicles (within its ovaries) for future child-birth.

The problem is that these developing follicle cells do not have the cellular protection of mature adult cells. Consequently your 'Grandchild' may have had every single follicle cell irradiated and damaged prior to its conception. Therefore when your child becomes an adult (with its irradiated follicles) there is a greater likelihood of its child (your Grand-daughter) suffering the ailments previously mentioned, during conception / embryonic and foetal development stages.



1



**VARIES**  
400,000 FOLLICLES  
400 TO MATURE  
14 EACH CYCLE TO PRODUCE  
EGG(S) WHICH CAN BE  
FERTILIZED

## CHILD 'A' 5-16 YEARS EXPOSED TO WI-FI IN SCHOOL Possible damage to first and subsequent generations.

Microwave irradiation can cause oxidative and nitrosative stress to mitochondria - this DNA is 10x more susceptible to low level chronic microwave radiation than other DNA.

Low histone protein content i.e. mitochondriopathy  $N_2$   $O_2$  is essential for brain / immune system, any DNA damage is irreparable and can pass to every female hence forth.

57.7%

2



PHOTOSENSITIVE GANGLIONS  
ABSORB RAD: EFFECT BODY  
FUNCTIONS

## CHILD 'B' FOETUS FROM CHILD 'A' NOW AS A PREGNANT STUDENT/ADULT With possible DNA damage

- 100 days for follicles to form: no definite structure thence 150+120 d. to mature
- No protein 53 (x4) to fight radiation
- No nuclear core complex (x30) proteins for defence
- No factor 1 protein\* (apoptosis)
- Of 100,000 protein structures only 600 are known

7d = 100 Cells

28d = Heart

\*40d = Eye

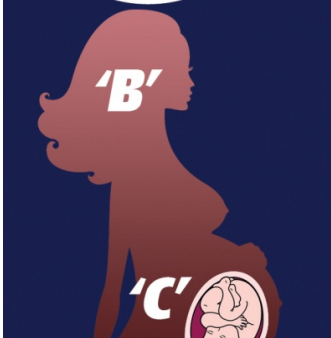
47d = fingers / toes

Body is initially  
inside out, i.e.

major organs are  
the most irradiated

Woman may not know  
she is pregnant at this  
stage: Hence no  
precautions taken

3



## CHILD 'B' IS NOW PREGNANT CHILD 'C' Adult Child C may already have been irradiated

- Every aspect of Child 'C's life has been at maximum risk from stages 1,2 & 3.
- The greatest risk is yet to come. Biggest danger from school wi-fi irradiation on students and teachers

1st 56 days is when all embryos are most vulnerable. During the first 4-6 weeks, the mother may not know she is pregnant, therefore will not shield the embryo from radiation

25+  
years

## **Abstract**

As stated by University Researchers, Government Scientists and International Scientific Advisors; a minimum of 57.7% of schoolgirls exposed to low-level microwave radiation (Wi-fi) are at risk of suffering stillbirth, foetal abnormalities or genetically damaged children, when they give birth. Any genetic damage may pass to successive generations.

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# **Wi-Fi – A Thalidomide in the Making. Who Cares?**

Barry Trower

September 2013

With Deference to all Scientists: this Research Report has been written for all students and non-scientists to understand.

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5. Independent on Sunday, 20<sup>1</sup> January 2008, Radiation from Mobiles Harms Sleep, Says Study Funded by Phone Makers, Geoffrey Lean, (Page 2)
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I believe that the statement from the unnamed spokesperson for TETRA (AIRWAVE) printed in 'Jane's', m response to their articles: "There is no evidence that airwave causes cancer or is responsible for behavioural change.....statements.....are wholly speculative and have no basis in fact." seems inconsistent with both my and the Government scientists' findings printed in this report (Apps. 46.1, 46.2 and 46.3)

I am further confused by this spokesperson's statement insofar as their own airwave health monitoring study found:

1. Increased incidences of testicular cancer.
2. Higher mortality rates.
3. Higher incidences of cancers.
4. Higher incidences of leukaemia.
5. Higher incidence of brain tumours.

These were research articles carried out on police officers and other service personnel. (Apps. 47.1 and 47.2)

An ongoing TETRA (AIRWAVE) medical study for reported ill effects is due to finish in 2018. Rumours already abound re:

1. This medical study is to be scrapped due to lack of funding.
2. This medical study is due to be scaled down as not enough officers are volunteering for the medicals.

Supposing this medical study is cancelled, what then? Will the whole system be changed for another, because it could not be shown to be safe? Or will the powers-that-be just leave it running?

Clearly nothing is risk free, but I have never heard like the reactions I have heard concerning TETRA (AIRWAVE). Other forces in many other countries seem not to have this problem.

In October 2004 The Ecologist Magazine published an article "A Popular Revolt" concerning the reported problems of the TETRA (AIRWAVE) system. Within this article the magazine published a website where my original report for the Police Federation can be found (6). (Appx. 48)

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A Scientific Advisor to:

1. The Radiation Research Trust (UK)
2. h.e.s.e. (International)
3. Electrosensitivity UK

## **ARGUABLE POINTS**

The reader needs to determine, if at all, the level of bias from governmental / industrial sources of information. An investigative study into research papers led by the Department of Social and Preventative Medicine, Switzerland, which included the University of Bristol, concluded that interpretation of results from health studies needed to take sponsorship into account. (Appx. 42)

Michael Meacher, Minister for the Environment ('97-'03) was a little more specific in an article published in The Times where he suggested "Our universities are so strapped for cash that they see a research contract as a potential source of funds and will try not to jeopardise the contract". Mr Meacher is suggesting in this article that favourable scientific results will result in a lucrative contract. (Appx. 43).

NaturalNews.com printed an article (20.5.08) asking Congress (USA) for politics to be removed from scientific research. They argue that politicians are accused of censoring, suppressing and falsifying key environmental and health research. (Appx. 44)

Our own Essex University study was attacked by some of the world's leading universities concerning its methodology. The Essex study was repeated by Karolinska Institute, Uppsala University in Sweden and Wayne State University in Michigan, USA this was published in The Independent on Sunday (20th January 2008) by Geoffrey Lean (5).

I am also worried about our own Government research. I am a university qualified experimental physicist, I teach advanced practical physics. If you said to me "Could you test the TETRA (AIRWAVE) system?" I would prepare a study along similar lines to that of a drug company testing a new drug. I may have a provisional result within five years but the full study would take me at least ten years before it were published. Our Government scientist managed to test TETRA (AIRWAVE) for brain / heart damage in less than one hour. Apps. 45.1 and 45.2)

## **CONCLUSION**

I have lectured and conversed with scientists on every continent and have never encountered the reaction and problems associated with TETRA (AIRWAVE).

The reader must decide to believe or disbelieve me when I say that since publication of my reports in 'Jane's', I have received communications from 11 countries complaining of this system. One person said *"Since the introduction of this system the violence within our police force is greater than the violence we are investigating."*

TERA (AIRWAVE) was rolled out without the proper long term experimental evidence to determine its safety level for excessive irradiation exposure concerning:

1. The effect of the pulse / modulation frequency on the brain.
2. The effect of this same system removing calcium from cell membranes, thence, triggering cell damage.
- 3 The consideration of the plethora of research I have published in this report.

The Health Protection Agency (formerly the NRPB) published a list of reported symptoms from electrosensitive sufferers. These include problems with the eye, skin, muscles, digestion, heart, behaviour, psychological (extreme rage) and associated conditions. (Apps. 36.1 and 36.2)

As long ago as 2003 one of the world's leading medical scientist cast doubt on the TETRA system saying it may constitute a health hazard to people living near to installation sites. I mention this because a lot of police families live in close proximity to a police HQ hence major size transmitter (App. 37)

I would like to add at this point in time that an experiment carried out in this country to determine electrosensitivity failed to find it, although this same experiment was repeated by four other universities in the world who did find electrosensitivity and after publishing their results criticised the methodology of our university. However it is the result of our university which our Government prefers to recognise. Therefore technically electrosensitivity does not exist in this country although it is recognised by the WHO and treated in other countries.

## **POLICE VEHICLES**

I received a phone call very recently from a senior officer of the London Metropolitan Police. He said to me I can have up to a dozen officers in the back of a metal van for hours on end all transmitting next to each other, prior to a demonstration. Also the vehicle itself is transmitting. Knowing that levels of radiation are accumulative, is this safe?"

I was absolutely horrified at what I was told. The reason is the Automotive Conformance Specification 6, Issue 9 (Automotive and Equipment Section) for Police Vehicles has recorded microwave field strengths in excess of 50V/m inside police vehicles. The reader may wish to return to my safety level chart and observe that this level of radiation is higher than any other permitted level in the world. Also it should be noted (rather like sunbathing) that all levels of radiation are accumulative. (Appx. 38)

There are several documents relating to the influence of low level microwaves on brain function and its influence on driving. Sylvia Wright who manages a website collecting this data ([www.mastsanity.org](http://www.mastsanity.org)) has published a few research articles concerning microwaves in vehicles. The documents show that microwave irradiation within a vehicle can be more hazardous than alcohol (Apps. 39.1, 39.2 and 39.3)

These phenomena have also been identified and published by Science Daily. (Appx. 40) In my original TETRA (AIRWAVE) report for the Police Federation, one of my recommendations was that all police vehicles be screened inside to protect the officer from microwave radiation. Information I have reports that this has not been done neither are levels being monitored. I wonder whether this could be partly responsible for the reported nine vehicle crashes caused by police officers every day. (Appx. 4 I). Exacerbating this is the fact that police vehicles are made of metal and react like microwave ovens reflecting the microwaves continuously within the vehicle.

I have other research papers showing embryonic blood disorder and risks of breast cancer which really duplicates what I have already said. In an effort to try and keep this report of a reasonable length, I will just discuss that I have three research papers showing that women may be 4.15 times more likely to develop adverse symptoms from low level microwaves than their male counterparts. Interestingly, most of the officers who contact me with tumours are ladies.

I am particularly concerned at the level of radiation some lady officers are irradiated with. In my conversations with them, they seem absolutely uninformed as to any of the risk factors they could be facing concerning their transmitters and the proximity of these transmitters to their breast tissue and ovaries.

### **ELECTROSENSITIVITY**

Electrosensitivity is recognised by the World Health Organisation (WHO). Countries which have earned out research in this area believe that in excess of 3% of their populations may be hypersensitive to low level microwaves. The Noble Prize winning Irish Doctors' Association believe that this number may be as high as 15%.

NB In real terms this implies that 3% (minimum) of all police officers carrying the TETRA (AIRWAVE) system could be affected. (Apps. 30.1, 30.2 and 30.3). The International Commission for Electromagnetic Safety also recognise scientific studies and epidemiological studies listing electrosensitivity as one of their findings. (Appx. 31)

In 2006 the WHO database showed that 80% of its published research referred to microwave sickness which included electrosensitivity, cancer and neurobehavioural complaints. (Appx. 32)

One epidemiological study previously listed (Wolf & Wolf, April 2004) found a ten fold increase among women when adults were exposed to microwave irradiation. (Appx. 33).

In an open letter to the Prime Minister of Germany, Dr Stoiber warned that low level microwaves were causing a range of symptoms which included irritability, hormone disturbances and depressive tendencies. (Appx. 34)

In 2002 the Freiburger Appeal was launched and has now been signed by over 3000 hospital consultants, doctors and scientists. It warns that certain people can suffer behavioural disorders,- brain degenerative diseases, cancers and a range of other symptoms from over exposure to low level microwaves. (Appx. 35)



I have listed some of these pulse frequencies against the symptoms they are known to induce in some people. Also in the appendices there is a very simple basic mathematical model showing how the power from a TETRA handset can entrain the brain. This will obviously vary from person to person. (Apps. 28.1, 28.2, 28.3, 28.4 and 28.5)

Putting it simply some of the published research from this phenomena shows:

1. Changes in the blood-brain barrier which can result in toxins entering the brain.
2. The Fenton Reaction which can result in a depletion of iron in the brain and the production of a cancer promoting cell(s).
3. Neuro-behavioural effects.
4. Nerve cell damage.
5. EEG disruption.

I have 13 pages comprising of lists of research papers showing the above effects. Clearly I cannot reference all of these articles in this report. I would be happy to produce another report just on this area should the reader request it.

## **Women**

It appears that the complex systems within a lady are more susceptible to microwave disruption than men. I co-wrote a research paper with Science Editor, Andrea Klein, where we referenced how low level microwaves can have a geno-toxic effect on the ovarian eggs. This could cause genetic damage to the mitochondrial DNA which is irreparable. What this means is that any female generations from the mother will carry this genetic defect. (Appx. 29). This is of particular relevance to lady police officers carrying handsets transmitting into their bodies on long shifts. These phenomena have been replicated and published showing that ovarian follicles can be damaged by low level microwaves from countless unknown mechanisms. {4}.

The Independent on Sunday 18<sup>th</sup> May, 2008, page 14, (Geoffrey Lean) warned of a study of 13,000 children exposed to low level microwaves whilst the mother was pregnant. The research by UCLA's Professor Leeka Kheifetis found behavioural problems consistent with the length of exposure to the mother. This concerns me greatly because a police officer lady may be carrying a handset on her body whilst not realising she was pregnant. Again, I worry that the TETRA (AIRWAVE) pulse frequency may exacerbate this situation.

## **BRAIN**

Possibly the most controversial arguments concerning the TETRA (AIRWAVE) system is its pulse/modulation frequency of 17.6Hz. This particular frequency mimics one of the brain's natural wavebands. When one wave encounters another wave of similar frequency a phenomenon known as entrainment can occur. The simplest way to describe entrainment is to imagine yourself bouncing on a trampoline at a set rhythm, then a 75 stone man jumps on and bounces at his rhythm, you will be forced to bounce at his rhythm. This can happen in the brain between the TETRA pulse/modulation frequency and our natural beta brainwave. The beta wave of the brain is responsible for decision processes in emergency situations. There is very little difference between a pulse and a modulation. The only difference is that there is a gap between pulses and an infinitesimal thin thread of energy between modulations.

In 1976, the US Defence Intelligence Agency published a series of papers warning personnel carrying small microwave transmitters transmitting below today's guidelines. The Agency warned that excessive use could induce headaches, fatigue, menstrual disorders, irritability, agitation, sleeplessness, depression, anxiety, lack of concentration and brain and heart function problems. (Appx. 23). A report commissioned by the Department of Health under the chairmanship of Sir William Stewart (at the time our Government Chief Scientist) found that frequencies of around 16Hz released calcium ions from brain tissue. The release of calcium ions from the brain could be the trigger for all of the above mentioned illnesses. In this same report Sir William criticised the Government's scientist for withholding this information from him when TETRA (AIRWAVE) was being commissioned. (Appx. 24). In fact at this time, there were already seven peer-reviewed and published studies showing this phenomenon which were overlooked. {Appx. 25)

The Police Federation published a letter in 2008 which suggests that once the Government realised this system was potentially dangerous it was too late to do anything about it. (Apps. 26.1 and 26.2). This phenomenon was highlighted on the Channel Four News in 2001. Where Channel Four suggested that TETRA radios may have a direct effect on the brain's biochemistry. (Appx. 27)

During my address to the Welsh Parliament, 3rd October 2006, I discussed research by the Association of Fire Fighters who published an extensive report into microwave communication systems. Their conclusion was "Many fire fighters living with cell towers are paying a substantial price in terms of physical and mental health" (3).

I am going to list just some of the thirty documents I have concerning electric pulses entering the brain causing changes in brain chemistry, brain activity and neurological problems.

Should the reader require further research in this area I can be contacted and produce a separate paper on this issue.

- 1 Electrify Your Mind, New Scientist, 15th April 2006, Dr Bigal Trivedi
2. Electro Clinical Syndromes, Professor Luders
- 1 3 Human Body Resonances and Physiological Effects, Anne C Silk, FRS

NB As a rough guide looking at the exposed level axis a TETRA (AIRWAVE) handset may reach two to three hundred units on this scale and a vehicle may reach thirteen hundred units from the information I have been given. This is not to say that they operate at these levels continuously. Although I have been informed, that in some cases police officers may spend up to 24 hours on special duties in the back of a metal van and/or a dozen officers may all be in the back of a van transmitting for hours before a demonstration. (Apps. 17.1 and 17.2)

On page 90 of the document on the NRPB (Appx. 1) it says a police handheld transmitter may transmit 3W and if it were to transmit continuously the officer would reach the occupational exposure guidelines in just six minutes. (Appx. 18)

The Indian Journal of Human Genetics concluded in 2005 that there was a correlation between extended mobile phone use and genetic damage. I raise this point because officers tend to carry these transmitters for very long periods at a time and I believe the special pulsing/modulation feature of TETRA (AIRWAVE) will exacerbate the situation. (Appx.

19). There are some forty major studies showing links from low level microwaves to cancer promoting effects. The main long- term epidemiological studies are Naylor, Wolf & Wolf, ECOLOG, Bio-initiative and The REFLEX Study. Unless the reader specifically wants a breakdown of these lengthy research documents, I will not include them in this report. However I would be happy to forward further details on request.

In July 2003 I was invited to present a talk to consultant oncologists on exactly how microwaves trigger cancer initiators and promoters. I enclose a copy of this talk for the reader to submit to his I her scientist. (Apps. 20.1, 20.2 and 20.3)

Within the last seven months, five police officers have contacted me with cancers of the throat. Possibly the most notable of throat cancer cases were the two motorcycle officers in the same force who sadly both died. The odds of this ~~happening are over a~~ million to one. One of these officer's brothers is a doctor specialising in health and safety. This doctor monitored his brother's health during the growth of this cancer and is in no doubt that the TETRA (AIRWAVE) system is to blame. (Appx. 21).

Professor Challis (possibly this Government's leading scientist with regards to microwave radiation) published in an article in Scientific American the risk factor of developing a tumour from cell phone radiation. When you take the Professor's figures and scale them up for the length of time officers carry transmitters, these same figures suggest a possible potential for 1090 slow-growing tumours today. With excessive use over many years this figure may rise as high as 7630 cancers. (Appx. 22).

I cannot verify the authenticity of this document but it was reportedly published in a European news article on 17<sup>th</sup> April 2003. It implies that the American Secret Service Agency has the ability to intercept all TETRA (AIRWAVE) communications. I wonder whether this is the reason behind the Government's intransigence, insisting that this system be rolled out without hindrance. (Appx. 12)

## **MEDICAL PROBLEMS**

Dr Andrew Goldworthy, Lecturer in Biology at Imperial College, London, has highlighted the particular pulse frequency of TETRA handsets being hazardous by causing neuro physiological problems to some people. This stems from the loss of calcium from cell membranes. Put simply, if calcium is lost from cell membranes, the cells can lose their ability to function and can make the cell more permeable to allergens, toxins and carcinogens. (Appx. 13)

On 26.12.02 the Radiation Health Foundation Inc. produced a report which specifically targets the TETRA frequency of 17.6 Hz. It says it could cause harm to the health of the police and other citizens by causing irreversible brain damage by disturbing the calcium in the brain. It continues, this could also affect memory and neural patterns which could lead to behavioural and character changes. (Apps. 14.1 and 14.2). For the interest of the reader, I have enclosed a more specific explanation from Dr Goldworthy explaining how the pulses from the TETRA system cause the breakdown of membranes. (Appx. 15). Should the reader be interested, I have six further research documents explaining that low level of microwave irradiation may cause nerve cell damage from calcium leakage, interference to the body's natural chemical balance, cell stress, possible DNA damage, possible tumours from cancer promoters I initiators and imbalance of essential chemical structures from protein synthesis. I will not reference these and other documents as I go through this report, unless I am specifically requested, because it will make this report infinitely lengthy.

## **CANCERS**

I must stress that not everybody who carries a microwave transmitter or resides under a powerful TETRA (AIRWAVE) transmitter is going to develop cancer. Rather like not everybody who smokes is going to develop lung cancer. Dr Siegal Sadetski of Tel Aviv University has published research which links low level microwave radiation to tumours of the mouth. (Appx. 16). Evidence that electromagnetic radiation is genotoxic was published in full detail for the parliaments of five countries by Professor Neil Cherry of Lincoln University, New Zealand, in the year 2000. Genotoxicity basically means that the low level microwave radiation can cause cellular changes which can lead to genetic damage which in turn can lead to cancer. Professor Cherry published a summary of observed effects from exposure to low level microwaves. Interestingly all of these effects are below international safety guidelines. I have included this chart because it is interesting to see where TETRA (AIRWAVE) may fall on the scale. Later in this report I will print some radiation levels both inside and outside of vehicles and the reader may wish to compare these levels from TETRA transmitters against the chart of observed effects.

## **PARLIAMENTARY DEBATES**

On Tuesday 1 st March 2005 MPs discussed the whole TETRA (AIRWAVE) issue in parliament (I).

MPs raised the following points:

- I. There was no consultation with constituents regarding the infrastructure required for this system
2. The police are unhappy with some of the problems the system is having.
3. Information is being withheld from MPs to make an informed decision.
4. £30,000 has been requested to study the effects of this system on children.
5. Why was research not been done on this system before three billion pounds was invested?
6. Police constabularies are raising cases of illnesses.
7. 58.5% of residents around transmitters are complaining of pain, sleep and skin problems around TETRA transmitters since their erection.
8. Appeals to mast companies go unheeded.
9. The TETRA industry has shown complete disregard for the concerns for local people.
10. There is an absence of a serious attempt by anyone in authority to address health concerns.
11. The industry has been accused of not telling the truth ie when people complained of the ill effects from the transmitter they were told it was turned off whereas in fact it was on.
12. Any attempt by a district council to prevent the erection of a transmitter usually fails.

In a further parliamentary debate, 28th January 2004, Column 116WH, when Mr Andrew Turner, MP for The Isle of Wight, questioned the erection of a transmitter, he was told that it was an emergency matter, therefore as this industry can put up transmitters under emergency measures, Mr Turner asked that this power be withdrawn from the developers.

This problem is exacerbated by the number of transmitters likely to be needed should this system become fully operational. I enclose a list of 54 potential users for this system. (Apps.10.1 and 10.2)

During a discussion in the House of Commons Public Accounts Committee (2) the problem of reported officers' illnesses from the TETRA (AIRWAVE) system (migraine, depression, difficulty in concentrating, headaches, heart and blood disorders, alteration to brain electrochemistry and increased risk of leukaemia) in Section 244, Mr Askew replied to this issue that there is no proof there are any of these effects. (Appx. 11)

Is it feasible for an officer on a long shift to use a communication system as little as possible, when the system itself has to be operational? What about emergency situations where an officer may be using this system continuously for many hours?

I was present at the TETRA (AIRWAVE) Conference (23.10.02). The opening words of the conference by the Police Federation Chairperson, Jan Berry, were: "Nothing is going to stop TETRA"

This was followed by Dr Levey's statement (who was challenged by union representatives over their officers reporting illnesses from TETRA): "I don't believe they are sick, they are not sick enough to stop this trial." (Appx. 5)

Dr Levey continued: "They use it or resign."

To me, the interesting word here is 'trial'.

### **NUREMBURG CODE**

At the end of the Second World War, the major countries involved in rebuilding the planet decided on a code to prevent all or any human experimentation without the full consent, understanding and knowledge of the risk factors involved to the person. This became known as The Nuremburg Treaty of which Great Britain was a signatory. Section 1 of this CODE specifically requires the voluntary consent of all human subjects. This means that the person involved should have the legal capacity to give consent and exercise a free power of choice without any element of force or coercion. The person must also be aware of all hazards which may possibly arise from this experiment. (Appx. 6)

It is my experience from discussions with police officers, that they are unaware they are a part of an epidemiological study which could result in brain damage, tumours and other illnesses. I believe this is in direct contravention of The Nuremburg Code.

### **SAFETY LEVELS**

The TETRA (AIRWAVE) system uses microwaves not radio waves. Microwaves are used because they are more penetrative than radio waves. Microwave frequencies range from 300 MHz to 300 GHz as defined by the NRPB report and the International Commission on Non- Ionising Radiation (ICNIRP). (Apps. 7.1 and 7.2)

For the convenience of the reader, I have enclosed a conversion chart of safety levels from around the world. (Appx. 8)

Interestingly the European Parliament has recommended a stricter safety limit for all microwave phone users. This is based on average use which may be around 20 minutes a day. I have heard of police officers using their microwave systems for up to 14 hours a day.

(Appx. 9)

Risk is in every factor of life. Certain professional people, such as in the emergency services, accept a much higher level of risk than most other every day employees. However, this acceptance of risk is consensual.

Within this report I am asking two questions of the reader:

- i) Is the level of risk when using the TETRA (AIRWAVE) COMMUNICATIONS SYSTEM acceptable for all periods of duty?
- ii) Should the wearer of this system be allowed to make an informed decision on the level of risk?

TETRA (AIRWAVE) was rolled out without any proper experimental procedure. The authorities decided that the user would be a part of this experimental process into such risk factors as brain tumour, brain damage, cancers and I or complications arising from suppression of the immune system.

The National Radiological Protection Board (now the Health Protection Agency) published in 2001 a report listing the possible health effects from the TETRA (AIRWAVE) system. (Appx.1)

In this report the NRPB say ".....there are limits to the reassurance that they provide.....they do not exclude a risk of cancer many years after first exposure.....nor do they rule out a hazard from the modulation frequency of 16Hz." (Appx. 2)

The report continues "...human volunteer studies should be carried out to measure changes in cognitive performance.....from TETRA handsets.....this will be of value for any future epidemiological study." (Appx. 3)

The NRPB documents, Vol. 15, No.5 'Mobile Phones and Health 2004' Page 9, the report says "The Board welcomes the research programme that the Home Office has established. This includes an epidemiological study on police officers who are occupationally exposed to the TETRA signals."

Further down the same page the same report says "Until much more information becomes available the Board considers that it would be premature the possibility of health effects on users of TETRA based equipment and believes that a precautionary approach should be adopted." (Appx. 4)

The problems I have with this report are two-fold:

- i) Have the officers agreed to be a part of an epidemiological study that could involve brain damage, cancer and /or genetic damage?
- ii) A precautionary approach really means using a system as little and as careful as possible!

Whales, page 5, 12 March 2001

19. Extracts from US Defence Intelligence Agency documents from 1972 to 1983, Donald Stevens, November 2000. 20. The Physiological & Environmental Effects of Non-ionising Electromagnetic Radiation, Dr G J Hyland, February 2001. 21. NRPB Possible Health Affects from Terrestrial Trunked Radio (TETRA), Volume 12, Number 2, 2001. *Erratum Page 13 Hyland and Coghill (they sent evidence to IEGMP but were not actual members: JVM 28/9/2001)*. APPENDICES (available on request, postage to be paid in advance)

Barry Trower 2009 report

## Most confidential report on the TETRA (AIRWAVE) COMMUNICATION SYSTEM

Strictly for THE PUBLIC AND COMMERCIAL SERVICES  
UNION (PCS)

JUNE 2009

Barrie Trower



Alan Meyer who is in my opinion this country's leading authority on matters electromagnetic and all of its relevant implications. I would add I do not have shares in his firm nor do I receive "backhanders", in fact I have never met the gentleman. Mr Meyer will be able to advise on Government responsibilities, the human rights, civil rights and European Law.

Mr Meyer may be contacted at:  
Halsey Meyer Higgins Solicitors  
56 Buckingham Gate Westminster London SW1E 6AE  
Tel: 020 7828 8772 Fax: 020 7828 8774

***(Mast Sanity comment: We can now recommend a number of other experienced solicitors who have gained vast experience in mobile phone and Tetra cases since this report was produced. Please ring the help line on 0161 959 0999)***

Researched and written September 2001

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Non-Lethality: John B Alexander, the Pentagon's Penguin, by Armen Victorian, Lobster June 1993
17. Channel Four News, Radio System Safety Fears, 5 February 2001, Julian Rush
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- Section 66 – Has an ear, nose and throat specialist been contacted for an opinion concerning radiation from the cable being transmitted into the glands of the neck? If not, could this be done?
  - Section 67 – As vehicles cannot be relied upon to provide shielding for the officers, can further improvements to insulate the officers be recommended, then scientific studies carried out to test this insulation and all data be made available to the Police Federation?
  - Section 68 – If international guidelines could be exceeded, what risk assessment has been carried out for the officers and passers by who may be using pacemakers, insulin pumps, have metal plates in their bodies, or be epileptic? Could this risk assessment be made available to the Police Federation?
- Similarly, for Section 69, concerning base station transmitters which will also exceed guidelines.
- Section 76 – Why have no measurements of exposures been made inside or outside vehicles? Could these be done and the data made available to the Police Federation along with how averages are calculated?
  - Section 128 – As the possibility is not excluded that TETRA might carry a risk of cancer that becomes manifest many years after first exposure, or there may be a hazard from the pulses around 16 Hz, would it be a good idea to allow the ladies and gentlemen of the police force an opinion in the decision making processes which may concern their long-term health? Should these long-term health risks be published for the police force so that, like members of the armed forces, they may volunteer to expose themselves to possible danger?
  - Section 129 – As further research is needed, should this not be done before TETRA becomes national, and can the results be made available to the Police Federation for their scrutiny?
  - Section 133 – Again, the possibility of a risk of cancer after many years of exposure is commented on along with the hazard of pulsed radiation at 16 Hz. I repeat my observation that this risk assessment ought to be made available with full consultation with the officers concerned who will be using the system and that they should have the final decision concerning their future health risks. Is this a possibility?
  - Section 135, Section 2 – Has a neurosurgeon been contacted to assess the risk of pulsing and its effect on the signalling mechanisms between nerve cells? Could this report please be made available to the Police Federation?
  - Section 135, Section 5 – Shouldn't the human volunteers study on TETRA be carried out before its use becomes widespread?
  - Section 135, Section 6 – As an epidemiological study is recommended to be carried out on the use of TETRA and its effects on "a relatively stable workforce with defined patterns of work", shouldn't the police officers be asked their permission if they are going to take part in what is a long-term medical study which may result in a number of brain tumours, spine tumours, eye cancers, heart disorders and many other illnesses?
  - Section 135, Section 8 – Why is TETRA being used by officers if "only limited information is presently available on exposures from TETRA hand portables and further work is needed to provide more information on exposures from hand portables and from any other transmitting equipment"?

## **LEGAL IMPLICATIONS**

Although I have legal documents in my possession I do not have the knowledge or confidence to even begin to try and explain legal words. I would recommend the Federation's solicitor contact Mr

## QUESTIONS

- With all of the research written here showing dangers from electric, magnetic, pulsed microwave electromagnetic fields, why with the officers' safety at risk are we still sticking to our ridiculous safety limit, which only measures heat?
- Can more information be given to the officers on our Government's non-lethal weapons programme concerning pulses into the brain around 17.6 Hz, or stored information from other research papers?
- Can the signals from the transmitter to the officer be rechecked as they are listed in the manual as continuous waves, whereas they have been measured independently to be shown to be pulsed? This is important because pulsed radiation is arguably more aggressive than continuous.  
NB: the following questions arise from the NRPB document on TETRA, Volume 12, Number 2, 2001, appended at the back of this document.
- Section 21 – How much radiation, and of which type is emitted from the case?
- Section 24 – What safeguards are in place to guarantee that the earphones are absolutely leakproof and with the rough and tumble world of the police officer, how often are the earphones going to be checked for leaks? Who will do this, and which type of apparatus will be used?
- Section 25 – What experiments have been done to measure how the officers inside the vehicle are insulated from the transmitting device?
- Section 28 – If a police car is to be used as a relay transmitter, again, what measurements have been taken to ensure the officers are insulated from the electromagnetic waves?
- Section 37 – Why is a pulsed frequency of 17.6 Hz being used when it is known to interfere with the brains' beta rhythm and it was warned against by the Stewart Committee?
- Section 39/40 – If TETRA becomes widespread to all of the emergency services, reserve officers, traffic wardens, security officers, what is the expected output to be from handsets and the main transmitters? Transmitters generally increase their power to cope with additional calls. Will this be the case for TETRA?
- Section 61 – Has a neurosurgeon been consulted to comment on the effect of TETRA penetrating deep into the head?
- Section 63 – Why does very little information exist on the SAR produced by TETRA hand portables, why has no numerical modelling been carried out? Can this be done before TETRA is used nationally?
- Section 63 – Can all of the information relating to the experiments of measuring radiation inside the head (Gabriel 2000) be made available to the Police Federation for scrutiny, along with an independent peer review assessment from scientists, totally unconnected with the NRPB or communications industry?
- Section 65 – If the SAR's could be up to 4 times larger than those in table 6, what risk assessment has been carried out for officers receiving radiation with an SAR of over 8 W/kg? Can this information be made available to the Police Federation?
- Section 66 – With the main exposure expected to be at waist level, what research has been carried out relating this to the known deaths of officers from spine cancer from carrying transmitters on their belts? Could this research be made available to the Police Federation?

- Page 31, Section 135 - Section 8; "ONLY LIMITED INFORMATION IS PRESENTLY AVAILABLE ON EXPOSURES FROM TETRA HAND PORTABLES. FURTHER WORK IS NEEDED TO PROVIDE MORE INFORMATION ON EXPOSURES FROM HAND PORTABLES AND FROM ANY OTHER TRANSMITTING EQUIPMENT DEPLOYED FOR USE". My simple observation to this statement is why? Why is only limited information presently available on exposures if the system is up and running? There has got to be a risk to the officers from unknown exposures.

## **CONCLUSION**

If you take a complete overview of this entire document, I would suggest that there is a lot of information which could suggest long-term low level exposure to microwave radiation is harmful. However, science is always about argument. I find it a very dangerous time when a scientist insists that he or she is right. Scientists that have insisted they are right (sometimes publicly) and have later to have been shown to be incorrect are those concerning thalidomide, asbestos, BSE, smoking, sheep dip, Gulf War Syndrome, GM foods, Vitamin B6, to mention just a few. So, let us assume that I am wrong and let us assume that every single scientist I have quoted in this report, which may involve thousands of years of work accumulatively, is also wrong, just for arguments sake. My argument is unchanged and my argument is simple. All I am suggesting is that the ladies and gentlemen of the police force have the opportunity to read both sides of this scientific debate with all of the literature at their disposal and they, be allowed to decide whether or not they would like to use the TETRA system. If every officer decides that they love the TETRA system so much they want to take it home to bed with them, I do not have a problem with that. All I ask is that the officers have the choice where their long-term future health could be at risk.

## **RECOMMENDATIONS**

- I would like to see a totally independent group of scientists, not connected with the communications industry or the NRPB, be able to represent the police force at their request.
- Should TETRA become widespread, a long-term full indemnity insurance policy should be guaranteed for the officers for any possible future long-term risks.
- That all major documents relating to TETRA safety be made available to the officers of the police force along with how the figures were calculated, i.e. which average was taken, which totally independent scientists peer reviewed the papers, the comments of those scientists and if necessary, the relative expertise of the scientist who carried out the experiments and wrote the paper.

I recommend this because when I applied to teach Advance Level Physics at College, all of my degrees are personally checked and when we go camping with College students, our mountain leadership certificates, life-saving certificates, updates to those certificates are all scrutinised by the parents. And I totally agree with this. I believe that if you are making decisions pertaining to persons' safety or health, your qualifications, background, experience should all be available for scrutiny. Also, anything that you write should be checked by totally independent persons, and their comments made available.

- My final recommendation with all of the information I have to hand is that the TETRA system be halted until further research on safety has been carried out. This research be made available to the ladies and gentlemen of the police force and not until they are satisfied with the safety of the system, should it be implemented. In other words, I am suggesting that the police have the final say in whether TETRA is introduced or not to their force. I believe the ladies and gentlemen of the police force should be credited with the intelligence they have to make decisions regarding their own safety. Further, any scientific document written for them to read should have full explanatory notes so that they can understand any complicated scientific terms.

NB: Before my lectures to the Police Federation and writing this report, I submitted my full CV for their scrutiny.

lethal weapons exists because they say that with a frequency of 8 waves per second into the brain, animals can be made to go to sleep, or be stimulated at higher frequencies. To me this simple statement by the NRPB verifies the non-lethal weapons programme as sound.

Page 29, Section 128 (Appendix 35); "HOWEVER THERE ARE LIMITATIONS TO THE REASSURANCE THAT THEY CAN PROVIDE. IN PARTICULAR THEY DO NOT EXCLUDE THE POSSIBILITY THAT RF RADIATION FROM CELLULAR PHONES MIGHT CARRY A RISK OF CANCER THAT BECOMES MANIFEST MANY YEARS AFTER FIRST EXPOSURE OR THAT RELATES TO INTENSE EXPOSURE OVER MANY YEARS. NOR DO THEY RULE OUT A HAZARD FROM RF RADIATION MODULATED SPECIFICALLY AT AROUND 16 Hz". Here, the NRPB are not ruling out that there may be a risk of cancer to the officers in several years time. Also there could be a risk because of TETRA's unique pulsing to the officers' brains.

Page 29, Section 129; "further research is needed using modern molecular and cellular biology techniques to assess the reliability of the positive findings and to determine the extent and significance of any effects that do occur". Scientifically to me, what the NRPB are saying is that they need to do research to find out what effects TETRA will have on the officers.

Page 30, Section 133 (Appendix 36); "HOWEVER THEY DO NOT EXCLUDE THE POSSIBILITY OF A RISK OF CANCER THAT APPEARS ONLY AFTER MANY YEARS OF EXPOSURE, NOR OF A HAZARD FROM RF RADIATION MODULATED SPECIFICALLY AT AROUND 16 Hz". This suggests that cancer and brain damage has not been ruled out as a possibility of using TETRA. As an analogy, this seems to me like a situation where I could go to my GP and ask for some tablets and the GP can say, you can take these but there may be a risk of cancer in several years time, I don't know, or a risk of brain damage.

Page 31, Section 135 (Appendix 37); "A number of recommendations for further research are suggested by the Advisory Group". My observation is why wasn't this research was done before the system was introduced? This puts officers' health at risk unnecessarily.

"Proposals for experimental investigations of the possible biological effects of specific TETRA signals modulated at about 16Hz". Again, I suggest this should have been carried out before it was used on police officers.

"Further studies need to be carried out on effects of amplitude modulation or pulsing on neuronal activity and on signalling within and between nerve cells ... The likelihood of epileptic seizures could be investigated ...". If the NRPB are suggesting this now, my question stands, why wasn't this research carried out before the officers began their trials with TETRA?

- Page 31, Section 135 - Section 5; "HUMAN VOLUNTEER STUDIES SHOULD BE CARRIED OUT TO MEASURE CHANGES IN COGNITIVE PERFORMANCE ARISING FROM EXPOSURE TO TETRA HANDSETS. THESE SHOULD INCLUDE EXAMINATION OF THE EFFECT OF VARYING PARAMETERS SUCH AS THE DURATION OF CALLS, THE EXTENT OF EXPOSURE, AS WELL AS SIGNAL CHARACTERISTICS".

- Page 31, Section 135 – Section 6; "THE TETRA SYSTEM IS EXPECTED TO BE DEPLOYED WIDELY FOR USE BY STAFF IN EMERGENCY SERVICES. THIS IS A RELATIVELY STABLE WORKFORCE WITH DEFINED PATTERNS OF WORK. IT WOULD BE WORTH CARRYING OUT STUDIES TO EXAMINE WORKING PRACTICES AND CONDITIONS OF EXPOSURE TO RF RADIATION FROM TETRA SYSTEMS. RECORDS OF USE SHOULD BE KEPT WHICH COULD BE OF VALUE IN ANY FUTURE EPIDEMIOLOGICAL STUDIES". Clearly this means that the police, although to my knowledge not volunteers, as a regular and stable workforce are absolutely ideal for a scientific study into the long-term effects of electromagnetic radiation from TETRA. The NRPB will use all of this data as an epidemiological study, as recorded in their own document.

than those in table 6 above. If the reader looks at the unit at the top of the table after SAR (Wkg-1), the reader can go to Appendix 27 'Reported Biological Effects', and the reader will observe one of the pages lists the medical symptoms expected from SAR doses. The reader will notice that for an SAR of 2 or 3 W/kg, cancer acceleration in the skin and breast tumours may be found. Coming back to the table it shows for the left ear an SAR of 2.88 but in the document below it explains that the SAR could be 4 times larger than this, i.e. you could be receiving an SAR above 8.

Page 11, Section 51 (Appendix 31) (NB: the NRPB bound document has pages 11- 13 out of order and I cannot change this, and I apologise to the reader). This table shows that the power output may reach 40 W from a TETRA transmitter. My concern is that the officer will be receiving the radiation from the transmitter as well as the radiation from the handset.

Page 16, Section 66 (Appendix 32); "the main exposure to the body is expected to be at waist level from the antenna and base of the hand portable". My concern with this is the reported cases of cancer of the spine from officers who have carried their hand portables on their belts. To my knowledge 4 deaths have occurred because of this.

"Although there could be some exposure from the earphone if RF current is induced in the cable ...". When the signal goes from the handset to the earpiece, electromagnetic waves are emitted from the cable, i.e. the cable actually becomes its own transmitter. These waves would obviously go through the neck and my concern is that they could affect the sensitive glands within the neck. Another concern, but unproven, came from a dentist who was concerned about the metal in peoples' fillings absorbing radiation and re-emitting it up into the centre of the brain where there is no protection from the skull. This is obviously a very complex research area to go into but nevertheless I feel that this dentist has a justifiable argument and one which should not be dismissed without thought.

Page 16, Section 67; "the situation is complicated by the metal body of the vehicle. It is not evident that this could be relied upon to provide shielding, since the non- conducting parts, e.g. windows of the vehicle are comparable to the wavelength of the radiation". Scientifically what this means to me is that there could be a considerable risk of electromagnetic radiation for the persons either inside or just outside of the vehicle. I find this incredible in so far as the risk is obviously appreciated by the NRPB and yet, as they stated earlier, no numerical modelling has been carried out. To me it appears that the risk in and around vehicles has been overlooked.

Page 16, Section 68; "the data in table 6 suggest that for both 3 W and 10 W vehicle mounted terminals the ICNIRP basic restrictions for the general public could be exceeded if a persons' head were within a few centimetres of a vehicle mounted transmission antenna for several minutes". The question I ask is what if the call is some big disaster emergency and the call may last longer than several minutes, or once the system is upgraded you are waiting for pictures to come through? Have calculations been done for say an accumulative 10 minute call?

NB: The Police Federation may wish to ask whether the dose levels in these tables are calculated as a geometric average or arithmetic average.

Page 16, Section 69; "at these power levels there will be regions in the immediate vicinity of the base station antenna where guidelines could be exceeded". My argument here is similar to the argument above. What if an officer has to remain through duty in the vicinity of a base station or transmitter where even the NRPB's high guidelines are exceeded or the International Commission's guidelines are exceeded? These guidelines, as shown in Appendix 1, are way above what the rest of the world recommends.

Page 18, Section 76 (Appendix 33); "no measurements appear to have been made of the exposures received inside or outside vehicles with externally mounted antennas". My simple question is, if officers are using what could be potentially dangerous instruments, why have no measurements been taken to assess their risk? I find this beyond belief.

Page 26, Section 111 and 112 (Appendix 34). Here the NRPB agree that the phenomena of non-

Page 7, Section 28 (Appendix 25); this diagram shows a vehicle being used as a transmitting station to relay a message 56 km from a transmitter to 56 km to an officer. Again, I question how much insulation there is to protect the officers from the radiation if they are to be used as mobile transmitting stations?

Page 8, Section 37 (Appendix 26); this confirms that the pulses are 17.6 Hz and 35.2 Hz or waves per second. I emphasise that the Stewart Committee warned about using frequencies close to the brain above 16 Hz.

Page 9, Sections 39/40 (Appendix 27) refer to a top output in the table of 30 W and for hand terminals 3 W or 10 W for a vehicle mounted transmitter. My concern is that with ordinary mobile phone transmitters no sooner are they up when an engineer comes along and adds another section, then another section and within a few years the original transmitter is unrecognisable because of additional instruments. With TETRA when it expands to cover all of the emergency services; possibly traffic wardens, the new reserve police force, maybe even park keepers and security officers, I am wondering whether these outputs may be exceeded. In my own mind I find 3 W and 10 W outputs particularly high when in proximity to a living being. If we look at Professor Cherry's table (Appendix 27), it can be seen that in millionths of watts, the long-term exposure can lead to various ailments. On this graph I have drawn a line below which the TETRA power level applies. This is obviously an estimate because when the handset is switched on, there is a surge of power. If you are a long distance from a transmitter the power increases, or on standby the power drops down. Due to the lack of research in measuring TETRA in and around vehicles it is very difficult to place an accurate estimate on this graph at present. Suffice to say that the power on this table is in millionths of watts and Sections 39 and 40 are in watts. For the reader I have enclosed a three page guide of reported biological effects from low level radiation.

Page 10, Section 44 (Appendix 28); the table shows that the TETRA handsets are slightly more powerful than the ordinary GSM mobile phone systems. This is the basis of one of my arguments that if TETRA is pulsed, which is arguably more aggressive and powerful than the ordinary mobile phone, the medical symptoms could arguably be more severe.

Page 14, Section 61 (Appendix 29) reads "hence with TETRA the energy is absorbed in a larger volume of tissue and so is less concentrated". Scientifically I cannot decide whether it is better to have the energy spread over a larger area or concentrated on a smaller area; I will have to discuss this with colleagues. Also in Section 61 the NRPB write "however, since the radiation from TETRA penetrates further into the head ...", that I am particularly concerned about because the most delicate parts of our brain are in its centre for maximum protection and if this is where TETRA is going to reach then I have grave concerns.

Page 15, Section 63 (Appendix 30) reads "VERY LITTLE INFORMATION EXISTS ON THE SAR'S PRODUCED BY TETRA AND PORTABLES. NO NUMERICAL MODELLING APPEARS TO HAVE BEEN CARRIED OUT". SAR means Specific Absorption Rate and refers to the heat generated inside that part of the body exposed to microwave radiation. I mentioned heat earlier with regard to heat shock proteins protecting cancer cells and to prevent damage to the DNA. I find it absolutely beyond belief that the NRPB can admit they have very little information on a system that is already being used and to say that no numerical modelling appears to have been carried out suggests to me as a scientist that no measurements have been taken to assess any medical damage which may occur to the officers. What experimentation has been done (Gabriel 2000), appears to have been carried out by Mr Gabriel of Microwave Consultants Limited. As this research could possibly affect what may turn out to be brain tumours or spine cancers for the lady or gentlemen officers I would feel justified as a Police Federation in asking which totally independent scientists not connected in any way to the Government or communications industry peer reviewed this research paper and what were there comments?

Page 15, Section 65 (Appendix 30); this section explains that SARs could be up to 4 times larger

In 1997 the Health Council of The Netherlands Radio Frequency Radiation Committee published their paper entitled 'Radio Frequency Electromagnetic Fields (300 Hz to 300 GHz) (this is within the TETRA range). They warn of interference to embryo development, hotspots inside the body, damage to eyes specifically infants, elderly and the sick. They also comment on interference to metallic implants and pacemakers. In Section 261 they write "the effects of electromagnetic fields occur at lower powered entities when the object is exposed to pulsed electromagnetic fields". I write this because TETRA is pulsed and most of the research which has been done has been done on continuous waves. The inference from these new research papers can only suggest that the symptoms will become more serious as pulsed radiation is arguably more aggressive.

In a recent paper (Reference 19) Dr Hyland who is also a member of the Stewart Committee and of the International Institute of Biophysics in Germany writes in Section 3 "the introduction of TETRA on the other hand gives rise to an increased level of both thermal and non-thermal concern". On page 14 Dr Hyland comments on the expression of calcium ions from brain cells and on page 15 writes a chapter on the magnetic field associated with current surges from the battery of the phone. Many people do not appreciate that batteries can produce magnetic fields that go into the body.

## **THE NRPB DOCUMENT ON TETRA (Appendix 20)**

The Governments' NRPB produced their own document (Reference 20) which is a report of an advisory group on non-ionising radiation and TETRA. Each page I quote from I will photocopy and place in the Appendix so that the reader may read the NRPB's research and the reader may compare my answer to that research.

On page 3 (Appendix 21) the picture shows the microwave signals labelled radio signals as a continuous not-pulsed signal. I would argue that this has been measured by the Cambridge researcher Alisdair Philips and has been shown to be pulsed leaving the transmitter going to the officer.

Page 4 (Appendix 22), Section 21 states "some radiation is also emitted from the case". It does not say which type of radiation – electric or magnetic or when the radiation is emitted, or the strength of the radiation or what part of the body will receive most of the exposure. In Section 22 "the main exposure to the body should be from the antenna and case of the hand portable". The question arises where is the rest of the exposure coming from and how much will there be? Section 24 refers to the earphone. If an earpiece is used and the smallest possible imaginable crack occurs in the earpiece radiation will have a direct path straight through the auditory canal to the brain. The officer will not even have the protection of the skull. In the rough and tumble world of a police officer where earpieces may be frequently knocked, what protection is there for the officer in checking that the earpieces do not leak?

I would recommend that earpieces should be checked with very accurate equipment for leaks at least on a weekly basis. The earpieces should be of the highest quality possible and definitely leakproof.

Page 5, Section 25 (Appendix 23) "the terminal is mounted inside the vehicle and connected to an antenna mounted on the outside". My concern is what sort of insulation is there inside the vehicle to protect the officers from the terminal inside the vehicle. If the terminal inside the vehicle is not sufficiently insulated from the officers they are effectively sitting inside a microwave oven, except for the windows.

Page 6, Section 26 (Appendix 24) shows that the useful range of a mobile terminal (car) to a transmitter is 56 km. 56 km is a fairly powerful transmitter and again I question if an officer is standing outside the vehicle or inside the vehicle, how much research has been done on the radiation levels being received by this officer?



there could be unfavourable effects on industrial output and military functions". Listed in this document are all of the symptoms we now come to expect with long-term low level microwave radiation; for example "personnel exposed to microwave radiation below thermal levels experience more neurological cardio-vascular and haemodynamic disturbances than do their unexposed counterparts". Further down the document other symptoms include hypertension, changes in blood, headache, fatigue, menstrual disorders, depression, anxiety and many of the other ailments previously listed.

## **ADDING UP ALL OF THE WAVES THAT YOU ARE EXPOSED TO**

An officer on duty may be exposed to his or her own handset, plus the handsets of officers around, plus the transmitter, plus anything else that happens to be on around them, i.e. vehicles. It may seem fairly easy for people to think that all you have to do is add up the radiation from each source, but in fact it can be very complicated and I would argue so complicated that scientists have yet to agree on a standard formula.

For example when measuring the magnetic part of the wave in Norwich it is known by some scientists that the maximum dose would be 0.4 units. When the arithmetic average was taken it came out at 0.46 above the danger level for the child. When the interested parties came and did their measurements they got the reading to be 0.26 units below the safety level; they calculated the geometric average. Clearly there is a difference between 0.26 and 0.46. When measurements are taken and quoted to you, you should always ask how the answer has been calculated and check the figures. Other ways of measuring waves may be time weighed average, constructive or destructive interference, the polarisation, the nearfield, the farfield, the root mean square, the peak to peak, the electric or the magnetic vectors; all of these are legitimate calculations and in my opinion could be used to make a reading look more acceptable if it was desired.

In Appendix 19 I enclose an e-mail conversation by three eminent scientists who are trying to agree on the best way to calculate multiple waves. The multiple wave phenomena is of concern to me with regards the health of the police officers, simply because I have yet to find anybody who can say for sure the dose that each officer will be receiving. Arguably if the dose cannot be calculated therefore the health of the patients cannot be calculated.

Reporting in Engineering, February 2001 Matt Youson writes about the case where a man had a heart attack and in his journey to the hospital in an ambulance the ambulance crew using their TETRA sets, affected his heart monitoring devices which sadly resulted in the man's death. In an exclusive report in the Manchester News 11 May 2001 Dianne Bourne quoting the Head of Brain Surgery at NASA writes "the Head of Brain Surgery at NASA has even said he would not consider holding one of these to his head (with regards to TETRA). He said the net result is that the police are guinea pigs". Writing in Issue 51 of Caduceus magazine, in an article entitled 'Mobile Phones: The Pressure & Evidence Continues to Mount' by Simon Best, he writes "certainly if mobile phones had been a new drug they would never have got out of the laboratory". He continues commenting on TETRA "a 420 MHz signal producing a waveform that maximises radiation absorption for 3-6 year olds but also a pulse at 17 Hz right in the brains' beta rhythm – 17Hz is close to the peak frequency that triggers calcium e-flux in the brain which in turn affects apoptosis (programmed cell death) which can initiate cancer development. Despite this there is a complete lack of research on TETRA's possible health effects". He concludes "consider that you are talking about cumulative pulsed microwave radiation into your head, eyes and other organs possibly everyday for the rest of your life".

A Powerwatch comment dated 2 June 2001 reports in the first paragraph "as far as we can find out virtually no meaningful biological research on the effects of TETRA signals has been carried out. None of this is on humans nor is any on brain functions". In a late study published this month by The Independent entitled 'Mobile Phone Use Can Treble Risk of Brain Tumour', Charles Arthur writes that a research paper studying 1,600 people by a cancer specialist at the University of Sweden will be publishing his research paper on this data when it is finished.

pressure and heart rates.

The paradox of course is how can one system of pulsed microwaved radiation be used as a weapon to cause illness or death and at the same frequency and unless close range, a similar low intensity be used as a safe communications instrument. Following this research I fail to see how TETRA can possibly be safe for the officers which use it.

This argument is further reinforced by a Channel Four document (Reference 16) and I quote: "The telecoms industry has known about American research suggesting there may be brain effects from TETRA for at least a year". "The research suggests that TETRA radios may have a direct effect on the brain's bio chemistry". "The researchers found that balance changed when brain cells were exposed to pulsed radio signals".

On page 4 it is quoted "the Government was warned about the issue last year. The Stewart Report into mobile phones recommended research into pulsed signals and suggested the technology be avoided ... As a precautionary measure amplitude modulation (pulses) around 16 Hz should be avoided if possible". He continues "what the frequency of 17.6 Hz is doing is duplicating microwave weapons which you buy at arms fairs. So by holding one of these devices to their heads they are putting a small microwave weapon to their head everytime they use it". He finishes "but there is enough to warrant asking why the system is being rolled out before the proper research has been conducted into an effect which not only falls outside all the existing regulations but which the Government advises on mobile phones believes it important enough they recommend the technology not to be used and which the military authorities apparently believe is so powerful that they can design non-lethal weapons to disrupt the minds of their targets".

In Electromagnetic Hazard & Therapy 2001, Volume 11, Numbers 2-4, Page 9, Simon Best says when writing about microwave crowd control weapons "after 20 years of rumours and speculation the Pentagon has finally confirmed that it has developed a device as part of its joint non-lethal weapons programme ..." He continues "in the UK many of the women protestors at Greenham Common in the 1980s experienced symptoms that they attributed to being zapped by microwave weapons from the US base".

Reported in The Guardian, Tuesday 8 May 2001 (Appendix 18) Stuart Millar and Stuart MacWilliam write "two independent experts on the biological effects of electromagnetic radiation have accused Ministers of using the police as guinea pigs by pressing on with the launch of the BT Airwave System in the absence of detailed research into potential health risks". They continue "last year Sir William Stewart's report on mobile phone safety concluded that systems modulating at frequencies around 16 Hz should be avoided if possible in future developments of signal coding". They conclude "low frequency electromagnetic radiation was identified as far back as the 1960s as a potential anti-personnel weapon when the superpowers began conducting experiments into non-lethal mind control devices".

Low level pulsed signals have even been tried in the oceans. It was reported (Reference 17) by Gibby Zobel that the whales and dolphins beached themselves because their delicate navigation systems were damaged by the low level pulses. This is not surprising as like us they are mammals. The comment from the Minister at the time was "it's their fault for being in that part of the ocean when they could have moved away".

Reporting in The Sunday Express, 4 February 2001, Nick Fleming writes "BT advise officers to turn off the handsets when they are near sensitive hospital, breathalyser and speed camera equipment ... Officers are also being advised to mount speed traps or breath tests only if the equipment is 35 ft from their handsets or 11 ft from radio sets in their cars". He concludes "someone using a TETRA handset will be receiving between 2 and 4 times as much power or energy as if they were using a mobile phone. The low frequency also means about double the penetration into the head".

Another document (Reference 18), Mr Stevens quoting from a US Defence document writes "if the more advanced nations of the West are strict in the enforcement of stringent exposure standards

Limited; namely Dr Camelia Gabriel. Dr Camelia Gabriel is also a senior consultant for Orange plc and has authored jointly with others the Orange Base Stations Health & Safety Manual (please see Appendices 14 and 15). Dr Gabriel's son, also of Microwave Consultants Limited, confirms the safety of transmitters for Orange plc in school playgrounds (Appendix 16). This dual interest between Dr Camelia Gabriel as representing the NRPB and Orange plc was picked up and reported on, on 19 April 1999, by The Observer where Sarah Ryle writes "concerns are increasing about industry's involvement in research. Some of the NRPB's conclusions have been based on research by Dr Camelia Gabriel, a technical advisor to network operator Orange and Head of Private Consultancy, Microwave (Appendix 17).

The problem as I see it is that when it comes to asking about safety concerning TETRA or any other communication instrument there is not one single independent person to give an answer. Every single person who has a word to say about the safety of police officers is somehow in the "food chain" going back to the communications industry. The communications industry fund the NRPB and the Government who fund Microwave Consultants Limited so every single person has a financial interest in recommending the product.

## THE ABSOLUTE PARADOX

Since the early 1960s this country, America and Russia have had what is called the non-lethal weapons programme or synthetic telepathy programme. It is very well documented now that in the early 1960s in Moscow the Russians beamed continuous low level radiation (microwaves) down onto the American Embassy causing miscarriages, leukaemia's and other illnesses to the Embassy staff. Since then the non-lethal weapons programme has become very sophisticated indeed. It is used a) as a long-term low level radiation weapon to cause populations illness and b) at higher intensities to cause blindness, heart attacks or confusion. Details of all of the intensities are unknown to me but knowing that microwave radiation is accumulative, any effect can only be a matter of time. In quoting this research I refer to documents listed under Reference 15. So sophisticated is this research, and I refer to Operation Pandora Joint CIA/MI6 Operation since the 1960s, Operation Woodpecker USSR 1976, Operation HAARP still running in USA; they are able to define specific pulse frequencies to cause specific brain malfunctions or illnesses.

For instance:

<i>Frequency</i>	<i>Illness Caused</i>
4.5	Paranoia
6.6	Depression/Suicide
11	Manic behaviour/Anger
25	Blindness if aimed at the head/Heart attack if aimed at the chest

Other consequences of frequencies used but not listed here are hysteria, trauma, lust, murder and cancer, and may all be induced.

The TETRA frequency is 17.6 Hz (waves per second) so as a scientist looking at this data which is well publicised I ask myself, if the illnesses moving up the frequency range are progressive and TETRA is between the frequency of 11 and 25 on this table, what will be the effect of TETRA's 17.6 waves per second on the brains of the police force? This phenomena cannot be denied by the NRPB; it is listed in their own document which I will refer to later in this paper, where on page 26 they have described how at 8 waves per second animals can be made to fall asleep and at different frequencies behave differently in various parts of their brains.

As this phenomena is written about by the NRPB for 8 waves per second I would like to know what other research they have for other frequencies in and around the TETRA range.

HAARP, which is being researched by a nun, Dr Rosalie Bertell, who is concerned about what it represents along with other scientists knows that HAARP is capable of bouncing low level continuous microwave radiation pulsed off the ionosphere to any community in the world and may cause cataracts, leukaemia, changes in blood brain chemistry, changes in blood sugar levels, blood

## **UNDERSTANDING RADIATION (MICROWAVE AS IN TETRA)**

There are unknown phenomena concerning low level radiation that is not generally understood by the users of communication instruments. Following the Chernobyl incident it was found that long-term continuous low level radiation of all types was as dangerous as high level doses of radiation. With high level doses of radiation the anti-oxidants in the body (Vitamins A, C, E etc) rush to defend and repair the area of the body being damaged. However with low level radiation the anti-oxidants are not activated and because the dose is accumulative the problems can build up and are usually present before the body realises that there is trouble. So, low level does not necessarily mean safer. Also the smaller you are the more you tend to absorb. Wavelengths for TETRA and mobile phones are relatively short and the nearer the part of the body or the infant to the wavelength the more similarity they have to an aerial and the more they absorb. With ordinary mobiles the wavelength is around the size of a foetus and with TETRA you are looking at a 3-6 year old child. I mention this because TETRA may be used in areas where children are running around and there are very well known and documented cases of pulse radiation affecting epileptic children.

Pulse radiation from TETRA at 17.6 Hz (waves per second) is known to interfere with our natural brains rhythm. Our brains generate their own waves within our head. One of these waves, called beta waves is on a very similar frequency to the TETRA handsets. What happens is: If you could imagine yourself jumping on a trampoline and somebody larger and heavier jumps on and dances at a slightly different speed you will bounce at their pace rather than yours. When they jump off you will still bounce at their speed. The jumping on of the person onto the trampoline is known as entrainment and this occurs when the TETRA is used in close proximity to an officer's brain. Because TETRA affects the beta rhythm of the brain it will affect what the beta rhythm is responsible for; namely sounds judgement in emergency situations. Entrainment is always followed by a phenomena called long-term potentiation. This is an analogous to the person getting off the trampoline leaving you dancing. Long-term potentiation has been known to last several weeks after the initial source has died down. The implications for this are that the officers' brain waves would continue to suffer entrainment even after the sets have been switched off, which would be reinforced everytime the sets are switched on again.

The first paper written on this subject was by a scientist called Ptolomy who was a Greek living in Egypt in 64BC. Ptolomy found that when he spun a wheel with holes in up against the sun at different rotational speeds he could induce different effects on the brains of his subjects. To get an idea of the complexity of the brain, if you imagine every single person in every single city in the world picking up their telephone and dialling everybody in their phonebooks, that is roughly how many connections we have in the brain. I will show later that even the Stewart Committee advised against using any communication instruments that pulsed above 16 waves per second. TETRA is of course 17.6 waves per second.

## **MY SCIENTIFIC CONCERNS ABOUT THE NRPB**

From a court case towards the end of 1998 Dr McKinlay was questioned in court about the use of mobile phones. Dr McKinlay is a senior scientist in the NRPB. It is known that roughly half of the NRPB's funding comes from the industries it represents, the other half of its funding comes from the Government. In court Dr McKinlay explained that data on tissue conductivity was supplied to the NRPB by Dr Camelia Gabriel of Microwave Consultants Limited. It transpired that virtually none of the NRPB documents on non-ionising radiation are peer reviewed and that Dr McKinlay himself had not authored any experimental studies. Dr McKinlay admitted he had no biological expertise. Dr Camelia Gabriel is Director of Microwave Consultants Limited and she reports to the Home Office and the Health & Safety Executive. She is also Chairman of the European Standardisation Body.

To summarise, the NRPB subcontract research on microwave radiation to Microwave Consultants

Taking TETRA's lowest operating power level of 2W I wrote a hypothetical equation, and being hypothetical it is very easily dismissed, which shows that at the 2W cell activity may be accelerated by a factor of 6 or slows down by a factor of 7.5.

There are experimental papers which do in fact show that mobile phones may speed up thought processes or may slow down cellular activity. I have tried to explain this using theoretical physics. I based my paper on the already previously mentioned accumulative doses and increased molecular vibration (please see previous references). I am fully prepared to be told that I am wrong or mistaken but I believe I can explain the process by which energy once inside the body affects the cell potential (charge on the outside of the cell), the signal transduction (movement from the outside to the inside of the cell) and the cell cycle timing (the process by which our cells operate). I have placed this calculation in Appendix 13.

Often overlooked are the electromagnetic waves from the cables and transformers of all electrical transmitters. These are usually in cabinets near the transmitters, hence near offices or sleeping quarters on constabulary bases or near kennels or stables. A research paper published in the Journal of Biological Chemistry in 1998 (Reference 14) describes the 50 cycles a second waves emitted by transformers and power cables, and how they may induce leukaemia. Although the NRPB and the National Grid have denied that these waves are dangerous both this paper and an article in the New Scientist dated 10 March 2001, page 7 which reads "Guilty as Charged. Powerful fields from pylons and cables are linked to childhood cancer", demonstrates to me scientifically that these transformers and power cables should not be overlooked.

## **THE CONCLUSIVE PROOF ARGUMENT**

The Government's scientists will often ask for conclusive proof when they are challenged. It is a word often used when you wish to win your side of the argument. Scientifically conclusive proof is impossible to obtain – let me explain.

I was at a legal hearing in Torquay representing a community and the barrister representing the communications industry said "there is no conclusive proof that these microwaves will cause damage". I argued: if somebody stood up and shot me in this courtroom there would be three levels of proof. You would have everybody as a witness and that would be accepted in a Court of Law. A pathologist could perform a post mortem, decide that the bullet killed me and that would be a second level of proof. If, however you wanted conclusive proof that the bullet killed me, you would have to argue that at the split second the bullet went into my body every system in my body was working perfectly because there are thousands of reasons why I could drop dead on the spot before the bullet went in and you would have to prove conclusively that all of these systems were working perfectly before the bullet went in. Clearly, this is scientifically impossible; there is no such thing as conclusive proof, yet it is what is demanded by government scientists when challenging their decisions.

Conclusive proof has been demanded by scientists defending their decisions after they have said the following are safe:

Thalidomide; Asbestos; BSE; Smoking; Sheep dip; Gulf War Syndrome; GM Foods; and Vitamin B6.

With the above list it will be recognised that evidence of damage from these comes only from counting the people who are injured. I am arguing scientifically that there is a blanket denial by some scientists and the only way to show them wrong is to present them with a certain number of bodies. When commercial interests are at stake there seems to be a denial of relevant scientific data. The problem with the microwave communications industry is that they do not have to prove it is safe; you have to prove it is not, and that is an entirely different ball game. As a scientist, if I develop a new pill I have to run a 5 or 10 year clinical trial and convince a Board of my peers that it is safe before I have permission to release the pill onto the market. With the telecommunications industry the tables are completely turned around. They do not have to show these instruments are safe; you have to show they are not.

recognised". The TETRA system of 380-400 MHz is within this range of this union paper. I emphasise that these effects are not new; they were being reported on as far back as 1979 and further on in this paper I will show documents that relate to exposure effects going way back to the early 1960s. A very important sentence in this research paper states "non-ionising radiation increases molecular vibration and rotational energies". I will refer to this further on in this document.

## **INSURANCE**

Two of the worlds largest insurance companies, Lloyds and Swiss Re, have recommended to other insurance companies on the advice of Dr Theodore Litivitz, Professor Emeritus of Physics at the Catholic University of America, to write in exclusion clauses against paying compensation for illnesses caused by continuous long-term low level radiation. My concern for the police force, although adequately insured, is that if in future years officers start claiming for spine or brain tumours the insurance company will terminate its contract with the police force and leave it uninsured.

## **SURVEYS**

Two recent surveys printed in Electromagnetic Hazard & Therapy 1998, Volume 9 and 2000, Volume 11; the first of a study of 11,000 mobile phone users, the second a study of 17,000 mobile users showed the symptoms already mentioned of fatigue, headache, warmth behind the ear, warmth on the ear and burning skin in various degrees, depending on the use and type of person. From the 17,000 persons studied, these symptoms varied from 31% to 78% of the users. If I take the lowest number of 31% as a purely hypothetical exercise which is easily dismissed as rubbish, but does give us a look at some of the numbers that could be involved; if we take 100,000 police officers then 31,000 of these officers could experience one symptom. Playing the numbers game, if these 31,000 that experienced one symptom were to progress to a more complicated level, let's argue 10% of them may develop a migraine or a headache or require one day's sick we would have 3,100 officers taking a day's sick. If 10% of those developed something more serious that required further sickness we would have 310 officers off sick. If we take 10% of those and suggest that something more serious may occur then we could be looking at 31 officers, or I would argue 31 families, per hundred thousand involved in something which may develop into a serious medical condition. I stress that this is hypothetical because it is very difficult to predict the future for a device that has not been tested and there are no long-term studies available.

As an aside it was noted last year that the Public & Commercial Services Union recommended to its 266,000 Civil Service members that they should not be forced to carry mobile phones.

## **GROUND CURRENTS**

A very little understood phenomena and reported by Dr D Dahlberg (Reference 13) is ground currents from living in the proximity of transmitters on animals. I mention this with a view to the police dogs and the police horses in their kennels or stables at a constabulary base which is bound to have a transmitter. All transmitters pass an electric current to the ground beneath them. If the ground is particularly wet this has an adverse static effect on the animals concerned and in farm animals can effect milk productions or food production. Huge static charges are built up in the animals and everytime they come across a metal object the charge is discharged through the head; the nose being wet. It has been shown that if animals are taken away from this environment they recover very quickly, yet in the environment of ground currents they also become very sick very quickly. I am particularly concerned for the acutely sensitive brains and organs of the highly trained police dogs.

Three years ago when a lot of research papers individually were being dismissed I decided to look at several of the main papers and show that there was a knock-on effect in the body. I drew two flow diagrams showing the knock-on effects from approximately 25 research papers to show that even if one symptom is dismissed there can be an accumulative effect throughout the body. The two flow charts - Appendix 11 relates to the body and Appendix 12 relates to the brain, show clearly that our body systems are very closely interlinked.

heat unknown to the user, therefore not reported are hotspots within the body from microwaves. These hotspots are tiny areas in the body which warm up considerably when exposed to microwave radiation. The problem with warming up areas inside the body is that a very recent research paper has shown that heat shock proteins are produced to protect the cells in the body from damage. Heat shock proteins act rather like scaffolding around a building; they go around the cell and protect the DNA from damage from the heat. Heat shock proteins have been known to work when the temperature rises by just 2 degrees. Now the problem with heat shock proteins is as well as protecting the good cells they can also protect and save from destruction cancer cells. So, if you have a cell in your body which is turning cancerous and would normally be destroyed by the body's immune system, the heat shock proteins will protect it and it will continue to grow. This work was carried out by Dr David de Pomerai, of Nottingham University (Appendix 8, Reference 8).

A report on mobile telephones and their transmitters by the French Health General Directorate, dated January 2001, states in its conclusion of the group of experts that "a variety of biological effects occur at energy levels that do not cause any rise in local temperature". The group ask "is it possible to state that there are no health risks?" and they reply "No". They go on to say "minimise the use of mobile telephones when reception is poor, use an earpiece kit and avoid carrying mobile phones close to potentially sensitive tissue, i.e. a pregnant woman's abdomen or adolescent gonads". They recommend hospitals, day-care centres and schools should not be directly in the path of the transmission beam. Also and very important, they say "the cumulative exposure over their lifetime will be higher ...". The word cumulative is also mentioned by Professor Sosskind and Dr Prausnitz in their paper (Reference 9) where they say "an accumulated cellular level damage mechanism is not necessarily related to the intensity but can relate to total dose ... Hence the averaging of weekly exposure is a meaningful adverse effect related level".

This accumulative factor puts a very different slant on doses of microwave radiation. In particular an accumulative level of radiation can build up very quickly when you receive 400,000,000 waves every single second. This is why scientists are concerned and warnings have been issued for people with pacemakers, hearing aids, insulin pumps in relation to interference of their apparatus from electromagnetic waves. Warnings are also given to persons with metal implants in their bodies. These implants can a) warm up; and b) absorb the microwave radiation and re-emit it at a different wavelength. I have been around the world talking to scientists and we agree, although it cannot be proved, that the recent incidents in breast cancers in ladies could be due to the metal underwiring in bras absorbing microwave radiation and re-emitting it at a different wavelength into the mammary glands of the breast. The mammary glands are known to be particularly sensitive to radiation and they are known to be easily changed into cancer cells.

Following this line of thought, I would argue scientifically that using a TETRA handset, remembering that if you are using a TETRA handset you must also be receiving radiation from the main transmitter, i.e. you do not just have the radiation from the phone you would have the radiation from the transmitter as well, or the phone would not work, could enhance breast cancer in the lady police officers. A similar argument follows with the argument that the eyes receive 29% extra radiation because of their moist make-up. Metal-rimmed spectacles will absorb the microwave radiation and re-emit it onto the surface of the eye. Again, unproven, but I can follow the arguments that support the two recent research papers which have found increases in eye cancers in two separate areas of the eye. One cancer has been found in the side of the eye, one cancer has been found in the front of the eye (Appendix 9, Reference 10) (Appendix 10, Reference 11).

As a result of using pulsed mobile phones, again I will argue that as TETRA is more powerful than the average mobile there could be long-term damage to the eyes of the officers using TETRA.

A union document (Reference 12) printed 4 December 1979 for microwave transmitters up to 100,000 MHz warns its members of the following illnesses which may occur from accumulative exposure:

Menstrual problems; Miscarriage; and Problems of the eye, heart, central nervous system, reproductive organs.

They say "a false sense of safety may exist and non-thermal effects are much lower than have been

I have listed all of the references on this particular research paper because all of these researches correspond to the above list.

The second paper I would like to comment on (Appendix 5, Reference 5) has 80 references and as well as a lot of the illnesses written in Dr Cherry's paper goes on to mention that with regard to mobile phone handsets you should avoid keeping the handset when switched on adjacent to the body, in particular in the vicinity of the waist or heart. There have been deaths due to colon cancer from the Royal Ulster Constabulary who wore radio or microwave transmitters in the small of their backs for extended periods of time. Dr Hyland recommends keeping the duration of calls to an absolute minimum and on his back page relating to pulse mobile phone radiation on alive humans and animals, the following may occur:

Epileptic activity; Effects on human EEG; Effects on blood pressure; Depression of immune systems; Increased permeability of the blood brain barrier; Effects on brain electro-chemistry; DNA damage in rodent brain; Cancers in mice; and Synergistic effects with certain drugs.

Dr Hyland, in my opinion, is one of the world's leading authorities in this area and his advice is not to be dismissed lightly. Similarly, another very highly respected scientist is Dr Coghill. I would add that both Dr Hyland and Dr Coghill are members of the Stewart Committee.

Dr Coghill's paper which has 218 references (Appendix 6, Reference 6) agrees largely with the work by Dr Hyland and Dr Cherry. In this paper, Section 1.16, Dr Coghill writes "the ultimate question must be whether chronic exposure to say 1 V/m electric fields at the envisaged frequencies is likely to produce adverse health effects in the long term. At present the NRPB guidelines recommend an investigation level of 192 V/m while ICNIRP now offers much lower levels. However these are based on thermal effects: if non thermal evidence is accepted than 1 V/m is demonstrably able to induce biological effects, some of which may be adverse". I will show in a later paper that TETRA delivers a lot more than the 1 V/m recommended as a maximum by Dr Coghill.

Dr Coghill also, in his summary in the back, lists symptoms caused by mobile phone use. Again, I will argue that as TETRA is pulsed and pulsed radiation is arguably more aggressive than the continuous analogue wave and TETRA uses more power than the ordinary mobile the symptoms will be enhanced rather than be reduced for TETRA. The symptoms listed by Dr Coghill are: Fatigue; Headache; Warmth behind the ear; Warmth on the ear; and Burning skin.

My final paper by a very highly respected New Zealand doctor, Dr Eklund (Appendix 7, Reference 7) which has 37 references shows leukaemia clusters in and around ordinary radio and TV transmitters around the world. She says on page 13 that adult leukaemia within 2 kilometres of a transmitter is 83% above expected and significantly declines within increasing distance from the transmitter. Similarly skin and bladder cancers follow a similar pattern. As a scientist I could argue that if leukaemia's and cancers are known to exist from ordinary radio and TV transmitters which take many years to form and radio and TV waves are at the long end of the electromagnetic spectrum, and it is known that exposure to gamma rays or x-rays can cause death within a matter of weeks, a hypothetical line could be drawn from the long waves to the short waves to determine the length of time or exposure doses needed to cause such illnesses. Fitting into this pattern would be several years exposure to sunlight causing skin cancer. There are obvious anomalies with this; namely personal health, hygiene and all sorts of other factors, but as a crude estimate I would argue that the further up the electromagnetic spectrum you go, the shorter the time for the serious illnesses to occur. The microwaves used by TETRA are above radio and television waves. Being water-based animals we are particularly sensitive to microwaves; this is why microwave ovens work. Microwave ovens resonate the water molecules in food and when molecules resonate they re-emit the energy they absorb as heat. This is why the food warms up and the plate does not, because it does not contain water.

The warmth on and behind the ear felt by users of mobile phones is one type of heat. Another type of



papers, you tend to have more colds, more coughs, longer colds, longer coughs, longer illnesses, depression, anxiety leading to suicide or taken to its ultimate – leukaemia.

I will summarise just four of what I consider to be extremely well written research papers by arguably the worlds leading scientists in this field. There are other leading scientists of course but I cannot list them all in this report. I am using these as specimen papers.

When I refer to research papers I am not referring to something that somebody has sat down one Sunday afternoon and just written. These research papers have sometimes hundreds of references in the back and each reference on its own is usually 5-10 years work by a group of scientists where their work would have been peer reviewed, and in a lot of cases published. So for arguments sake, if a paper has say 100 references in the back that could well constitute 500-1,000 years accumulative work.

The first paper (Appendix 2, Reference 2) by Dr Neil Cherry was presented in May 2000 to the New Zealand Parliament, to Italy, Austria, Ireland and the European Parliament in Brussels. This paper has 122 references. I have photocopied the references to show that as well as being peer reviewed, many are published. I will do this with the other three papers (Appendix 3).

From this research paper some illnesses caused by long-term low level electromagnetic radiation are:

Heart problems; Blood problems; Interference with bone marrow; Tumours; Calcium interference; 46% reduction in night-time melatonin;

It is believed that during the daytime light going through our eyes passes a message to the pineal glands in the brain which slows down the production of melatonin. At night when no light goes through our eyes the production of melatonin is speeded up. Melatonin is believed to scavenge cancer cells and impurities in our bodies and boost the immune system. If an officer is sleeping in quarters within range of the TETRA transmitter, the microwave radiation is believed to act on the pineal gland and suppress the night-time melatonin to daytime levels; hence the good work of the melatonin at night will be restricted leading to suppression of the immune system.

Increased arthritis; Skin problems; Ear problems; Risk to leukaemia; Childhood cancer; Sleep problems; Depression; Memory loss; Difficulty in concentrating; Mental conditions;

A very recent discovery shows that microwave radiation changes the permeability of the blood brain barrier. Our brain has its own immune system as does our body. The blood brain barrier keeps everything that is designed to be kept within the brain inside it and protects the brain from any unwanted diseases or chemicals which could harm it. Similarly it allows out of the brain anything dangerous to the brain. The blood brain barrier is rather like a sieve where only particles of a certain size may go through. Professor Salford at Lund University in Sweden has shown that such pulsing as from mobile phones can alter the permeability of the blood brain barrier (Appendix 4, Reference 3). I will argue as TETRA pulses, which is arguably more powerful than the average mobile phone, this situation could be worse with TETRA.

Also, it is shown that the electromagnetic radiation going into the body can change the size of the particles moving around the body (Reference 4). This is rather like an ice skater spinning on her skates. With her arms out she spins slowly, but if she pulls her arms in she spins faster. Microwaves can affect the particles in our body by changing their spin; hence their size. They can be made smaller or larger. With the changing of the permeability of the blood brain barrier and the changing in size of particles unwanted particles may enter the brain or necessary particles may leave the brain. The connection here with mental conditions is that Dr Hyland of Warwick University has written that the uptake of drugs; in particular neurological drugs is inhibited because of changes in the blood brain barrier.

Neurological illnesses; Headaches; Dizziness; Fatigue; Miscarriage; and Infertility.

To look at this another way, supposing you took your car to a garage and one mechanic estimated a price of £6 and another mechanic estimated a price of £3,300 for the same job, you would feel justified about questioning the decisions. The reason that our safety limit is much higher than the rest of the world is that in other countries they base their safety limits on possible effects from the electric field, the magnetic field and the heat produced in the body. Our NRPB will only base the safety limit for this country on the heat produced in the body. I will comment on heat further in this report (Appendix 1, Reference 1).

## **WHAT IS BELIEVED TO HAPPEN AS THESE WAVES ENTER OUR BODIES?**

I will try to summarise the thousand or so research papers written over the last 20 or so years and explain or summarise what happens when the electric and magnetic part of the wave goes into our bodies.

We being water based animals act like aerials to these waves. As the waves go into our bodies an electric current is generated inside our bodies which is how aerials work; waves come in and electricity is generated. The electricity generated in our bodies like all electric currents goes to ground through our bodies and like all electric currents it takes the path of least resistance. Unfortunately the path of least resistance through our bodies, although only representing 10% of our pathways, carries 90% of our traffic rather like the M1 motorway. The traffic in our bodies, namely hormones, antibodies, neurotransmitters know where they are going because they also carry an electric charge. The hormones, antibodies and neurotransmitters know where to "get off" because there is a corresponding opposite charge at the site of delivery rather like the positive and negative ends of a battery. The problem is if you have an electric current passing through the body it can change this charge, either on the hormones, antibodies or neurotransmitters or the site of delivery.

An analogy to that would be - if you were in Paris on the Underground system and you could not speak a word of French, but you had a map with the station name of where to get off and somebody tippexed out one or two of the letters, you may get off or you may not, and this can happen in the body. The hormones, antibodies or neurotransmitters may get off where they are meant to get off or they may carry on and miss their target. As a one-off this probably would not be very important but continuous interference over many years it is argued can lead to many illnesses.

A similar effect is that the destination for some of these hormones, neurotransmitters, antibodies is a surface of a cell where chemicals will pass through a membrane into a cell. If you think of a cell in our body, be it a brain cell, bone cell etc, as having a positive and negative charge on the outside and the inside similar to a battery the difference in these charges will draw the chemical into the cell or draw poisonous substances out of the cell. If the charge is changed on the outside of the cell, then necessary chemicals may not go in or poisonous chemicals may not go out. An analogy to that would be – think of your house as a cell in your body. Essential things like food, water and fuel come into the house and poisonous things like waste and gases leave the house. In fact a house is very similar in many ways to a cell in our body. Now, if we had a blockage and waste could not leave the house or sometimes food or electricity did not come into the house, over a short period of time we would survive this, but continual disruption over many years will probably have a knock-on effect on the health of the inhabitants particularly if they are young or frail. This is my explanation of how electromagnetic waves affect our cells.

A final description is possibly the accumulative effect of all the particles going through the body each second. Each particle and for TETRA we are talking about 400,000,000 particles a second carries a small amount of momentum with it. As an analogy, imagine you are driving down the M1 in the largest lorry you could possibly imagine and you are hit by the smallest dust particle you could ever imagine. Obviously the dust particle will not effect the speed or momentum of your lorry but if you have 400,000,000 dust particles a second for many years they could if something else was going wrong with your lorry exacerbate the effect and slow your lorry, and that is the crucial point. All of these effects I have described are believed to have one final conclusion. They all in their own way suppress the immune system. When you suppress the immune system as I will show in research

# Confidential Report

## On TETRA - Strictly for the Police Federation of England and Wales

### INTRODUCTION

With respect to my fellow scientists I shall be writing this report in non-scientific speak for all of those readers who have not had the benefit of a scientific education.

### WHAT IS ALL THIS REALLY ABOUT?

Imagine the field around a magnet and imagine ordinary everyday static electricity. If you put the force field from the magnet with the force field from the static electricity you make a wave. This wave is called an electromagnetic wave. There are lots of different types of electromagnetic waves but they are all made of the same two things – magnetic and static. The only difference between the waves is their wavelength or the length of the wave and the number of waves that can be produced a second, i.e. the frequency. All of these waves are put into a table called the electromagnetic spectrum.

At one end of this electromagnetic spectrum you have the very short waves, namely gamma rays and x-rays and at the other end of the spectrum you have the very long ways, namely radio, TV and waves from overhead power cables. All of these waves have the same properties; that is to say they all behave the same. They can all be reflected, refracted, and they all travel at the same speed, which is the speed of light. For interest, if you were one wave of light you would be able to travel around the world nearly seven times every second; that is the speed of light. The electromagnetic spectrum is ordered so that at the short wave end you have the gamma rays, x-rays, ultra-violet, visible light, infra red, microwaves, radar, TV and radio in that order. The ultra-violet and above are known as ionising waves and there is no argument as to the damage they can cause when entering the body. Below ultraviolet is said to be non-ionising and this is where arguments occur between scientists as to whether damage can occur inside the human body through exposure to these waves. The microwaves used in the TETRA system are in the non-ionising section of the electromagnetic spectrum and I will be discussing the arguments concerning microwaves and health in this report.

### SAFETY LEVELS

In this country, when somebody asks about whether a certain level of electromagnetic radiation is safe they are usually quoted a safety limit. This safety limit is laid down by the NRPB (National Radiological Protection Board). Usually when you ask about a dose of radiation you find that the amount that you were asking about is thousands of times below the safety limit and thereby reportedly safe. A safety limit is really a personal opinion. This personal opinion may be based on many factors by an individual or individuals from whatever data they have in their possession. To give you an example of some safety limits around the world, for one particular type of microwave transmitter, these read as follows:

Toronto Health Board : 6 units

Italy : 10 units

Russia : 10 units

Poland : 100 units

US Research Base : 100 units

International Commission : 450 units

The NRPB for Britain : **3,300 units**

There are other values for other transmitters but there is no need to list those in this document.

## **Directives for Human Experimentation NUREMBERG CODE**

1. The voluntary consent of the human subject is absolutely essential. This means that the person involved should have legal capacity to give consent; should be so situated as to be able to exercise free power of choice, without the intervention of any element of force, fraud, deceit, duress, over-reaching, or other ulterior form of constraint or coercion; and should have sufficient knowledge and comprehension of the elements of the subject matter involved as to enable him to make an understanding and enlightened decision. This latter element requires that before the acceptance of an affirmative decision by the experimental subject there should be made known to him the nature, duration, and purpose of the experiment; the method and means by which it is to be conducted; all inconveniences and hazards reasonable to be expected; and the effects upon his health or person which may possibly come from his participation in the experiment. The duty and responsibility for ascertaining the quality of the consent rests upon each individual who initiates, directs or engages in the experiment. It is a personal duty and responsibility which may not be delegated to another with impunity.
2. The experiment should be such as to yield fruitful results for the good of society, unprocurable by other methods or means of study, and not random and unnecessary in nature.
3. The experiment should be so designed and based on the results of animal experimentation and a knowledge of the natural history of the disease or other problem under study that the anticipated results will justify the performance of the experiment.
4. The experiment should be so conducted as to avoid all unnecessary physical and mental suffering and injury.
5. No experiment should be conducted where there is an a priori reason to believe that death or disabling injury will occur; except, perhaps, in those experiments where the experimental physicians also serve as subjects.
6. The degree of risk to be taken should never exceed that determined by the humanitarian importance of the problem to be solved by the experiment.
7. Proper preparations should be made and adequate facilities provided to protect the experimental subject against even remote possibilities of injury, disability, or death.
8. The experiment should be conducted only by scientifically qualified persons. The highest degree of skill and care should be required through all stages of the experiment of those who conduct or engage in the experiment.
9. During the course of the experiment the human subject should be at liberty to bring the experiment to an end if he has reached the physical or mental state where continuation of the experiment seems to him to be impossible.
10. During the course of the experiment the scientist in charge must be prepared to terminate the experiment at any stage, if he has probable cause to believe, in the exercise of the good faith, superior skill and careful judgment required of him that a continuation of the experiment is likely to result in injury, disability, or death to the experimental subject.

Reprinted from Trials of War Criminals before the Nuremberg Military Tribunals under Control Council Law No. 10, Vol. 2, pp. 181-182.. Washington, D.C.: U.S. Government Printing Office, 1949.

# Barrie Trower

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Second degree (research) with honours – Council for National Academics Awards.

Teaching diploma in Human Physiology.

Trained at the Government's microwave warfare establishment for the Royal Navy.

Worked with the R.N. underwater bomb-disposal unit, which involved the training in microwave warfare.

Served in conflicts in Borneo, Aden and the British West Indies.

Was a teacher at the Country's top secure unit, which housed spies – and a part of his brief was to obtain information on matters relating to his knowledge, i.e. microwaves.

He is the author of the TETRA Report for the Police Federation of England & Wales.

Biographies Airwaves/TETRA Conference 23rd October 2002 Police Federation of England & Wales

## Extracts from US Defence Intelligence Agency Documents from 1972-1983

Note: Comments in ***bold italics*** are mine.

1. Ref: DST-1810S-076-76 March 1976. "If the more advanced nations of the West are strict in the enforcement of stringent exposure standards, there could be unfavourable effects on industrial output and military functions".

2. Ref: DST-1810-074-76 March 1976 "Personnel exposed to microwave radiation below thermal levels experience more neurological, cardiovascular, and haemodynamic disturbances than do their unexposed counterparts. Some of the effects attributed to exposure include bradycardia, hypotension, and changes in EKG indices." "Subjects exposed to microwave exhibited a variety of neurasthenic disorders against a background of angiodystonia (abnormal changes in tonicity of blood vessels). The most common subjective complaints were headache, fatigue, perspiring, dizziness, menstrual disorders, irritability, agitation, tension, drowsiness, sleeplessness, depression, anxiety, forgetfulness, and a lack of concentration". ***The very things that some mobile phone users report (Mild et al 1998)***

3. Ref: ST-CS-01-169-72 July 1972. "Low frequency electromagnetic fields have been found to generate sonic and ultrasonic oscillations in living organisms. These oscillations produce elastic deformations in the organism. If the frequency of the outside field corresponds to the oscillation frequency of the cells, the latter deteriorate..." "Since almost all of the Soviet data on electromagnetic radiation (below visible) applies to physiological effects". "The UCLA Brain Information Service in Los Angeles has compiled an extensive bibliographic list on the biological effects of electromagnetic fields (below visible frequencies) especially on the central nervous system". ***Numerous studies have since confirmed this including Wever (1974), Konig (1974), Beale et al. (1997), Lilienfeld et al. (1978), Robinette et al. (1980).***

4. Ref: DST-1810S-074-76 March 1976 "Soviet research has produced guidelines which were used to establish a value of 10 uW/cm<sup>2</sup> per working day ***UK standard 110 uW/cm<sup>2</sup>***...Should subsequent research result in adoption of the Soviet standard... industries could be required to make costly modifications to protect workers. Recognition of the standard could also limit the application of new electronic technology by making the commercial exploitation of some products unattractive because of increased costs imposed by the need for additional safeguards." "Another possibility is the alteration of the permeability of the blood- brain barrier. This could allow neurotoxins in the blood to cross. As a result, an individual could develop severe neuropathological symptoms and either die or become seriously impaired neurologically" ***Proven by Salford et al. (1993)(1994) (1999). Parkinsons, Alzheimers, and vCJD are such possibilities.***

5. Ref: ST-CS-01-169-72 July 1972 "Low frequency emfs have been found to generate oscillations in living organisms. If the frequency of the outside field corresponds to the oscillation frequency of the cells, the latter deteriorate as a result of the mechanical resonance". ***The human brain & heart function at frequencies within the spectra of cellphones, computers, etc.***

6. Ref: DST-1810S-074-76 March 1976 "Personnel exposed to microwave radiation below thermal levels experience more neurological, cardiovascular and hemodynamic disturbances than do their unexposed counterparts".

printed in a Science Journal “Scientific American” – and adapted them for your Police Officers (enclosed). **You will see that there could be 1,090 slow-growing tumours at this point in time.** This figure is, of course, exponential – **it can only get bigger.**

You appear to ignore all of the internationally published papers on low- level microwave damage – most of which are conveniently overlooked, or have the “we will repeat this–over the next 10 years–delaying tactic”.

Low-level microwaves have been known as very dangerous to our soft, water-based bodies since the 1970’s, when Government Scientists warned the military, at the time, against exposure (enclosed). It makes absolutely no difference which box they come out of: be it TETRA/02/Airwave – or any of the mobiles. The pulsing (modulations), power-density and frequency may cause variations with some people – but you cannot change the risk factor of the basic microwaves.

Consultant Solicitor Alan Meyer said “It is quite simple – an employer must provide a safe system of work”: **You cannot – and will never – be able to demonstrate that long-term, low-level microwaves will be safe.**

I believe, as a Federation, you could pull the plug on this Industry now. I am prepared to bring you all of the evidence you would need – and I will stand my ground – against any group of Scientists/Professors you care to put in front of me.

Although I believe a solution to this would be for myself to write 240 words (one side of A4) - a Government Scientist to write an opposing view – you publish them in your magazine and take a vote from your Members. After all – aren’t they the ones who take the risk? (actually, research has shown it is the females who have a greater risk – but I will not go into why here). Or you could just publish this letter – word for word – and wait for the response.

Airwave may be the best thing since sliced bread when it comes to reception. I do not accept that any company is too powerful to be stopped/changed if the Members of the Force request it – no matter what the political situation. Are you afraid of this scenario?

Which brings me back to my original point.

**Why, in a country of free speech, are your Members told not to communicate with me?**  
**Why are they afraid to leave their names?**  
**Why are they afraid of being victimized?**

Would you please put in writing one thing I have written or said which warrants my censorship from your Members.

**PS – The recently published “Biological & Cancer Safety Limits for Electromagnetic Radiation” places your Officers well inside the ‘Adverse Human Effects’ box for the Airwave frequencies.**

A source of mounting concern is TETRA , and if you are working within the police or any other corporation that uses these devices, you are advised to look into the effects it has on your whole being, physically, mentally and emotionally – the findings are deeply disturbing.

## **Open Letter to the Chair of the Police Federation AIRWAVE**

I wonder whether you would give me the courtesy of reading my letter and informing me what I have done to offend you – other than report on a rather inconvenient truth?

Of the five most recent visits here to my house (or phone calls) from your Officers, all – without exception – have asked for their details to be kept secret, for fear of victimization. Three of the Officers specifically said “I have been told by my Federation not to contact you”.

My most obvious question is “Why?” All I have ever reported is peer- reviewed, published research.

It was you who ran a Police check on me and published it in your “Airwave – Biographies 23<sup>rd</sup> October 2002” (enclosed) – in it you also write that I was commissioned by you to write the Tetra Report!

Three years later, in your Police Federation News 24<sup>th</sup> April 2005 (P3) you not only deny this, but accuse me of dishonesty – i.e. leaking the finished document to the internet the day after it was handed to you. In fact, it was taken by the Police Secretary as a disc from the Police computer within the secure room where it was written. I never did – and have never – received a final copy of my report. It could only have been given to the internet by yourselves. I do not use or own a computer.

**I feel I am owed an apology for your misrepresentation of me.**

When your Officers contact me, they have absolutely no idea that they are a part of an epidemiological study into the effects of microwaves and cancer. If you read my original report, you will see that the Government Scientists specifically say that, as you have a young workforce, fit, with well-defined work patterns – ***they will make ideal subjects for an epidemiological study, and long-term illnesses (i.e. cancer) cannot be ruled out.*** (Their words, not mine).

**I believe that this is breaking the law.** If your Officers are not informed of all aspects of this experiment; it contravenes the “Regulations and Ethical Guidelines” – Directives for Human Experimentation – Nuremberg Code (enclosed). This is to say that the risks of ***all*** radiation experiments must be understood before it is started and it cannot be against their will. At your Airwave Conference 23<sup>rd</sup> October 2002, your Dr Levey told your Officers: **“Use it or resign”**.

In fact, concerning risk, I took statistics from one of our Government’s own Professors –

**Confidential Report**

**On**

**TETRA**

**Strictly for the**

**Police Federation  
of  
England and Wales**

**TETRA – TErrestrial Trunked Radio**



# **Dangerous EMF Radiation Devices**

WiFi – Routers - Internet

Mobile Phones

Dect Phones

Tetra Radios

Smart Meters

Microwave Ovens

Power Lines

Tetra Masts

Are Pulsating microwaves from mobile towers, hotspots, WiFi systems in buildings and especially the cordless DECT phones causing you to have symptoms of headaches, lethargy....

Are the radio devices you are told to use in a work environment affecting your health, do you feel unusually irritable, aggressive, or confused at times... Then read on ...

**There Are Solutions**

Report from Barry Trower 2001